

Well-known auctioneer enjoying life of retirement

By Donna Sullivan

He found his passion young and followed it wholeheartedly, perfecting the auctioneer's chant and developing his signature move of tapping a block of wood for emphasis. But on July 24th, 2019, Col. Verlin Green retired after 57 years of calling for bids at livestock markets and farm sales in Kansas and Missouri. His final sale was at Overbrook Livestock, where he had sold cattle for twenty-six years.

Final sale that is, unless his friends have their way. His long-time friend and fellow auctioneer Wayne Wischropp still calls on him to help with sales from time to time. "Every time I would tell him, 'This is the last one, Wayne,'" Green said. "And he would say, 'I've heard that before...'" Green helped Wischropp with a sale on December 14 for a man whose cattle he had sold for years at the local sale barn.

As a youngster, Green recalls riding with local truck driver Johnny Ross and practicing his chant in the cab of the semi. Ross told his passenger he was really good for a kid and that he should go into the auctioneering profession. And that's just what he did. He graduated from the Missouri Auction School in Kansas City, then went to work as an auctioneer for the Exchange in Wakarusa. As people heard the young man work his craft, they began asking him to conduct their farm and personal property auctions. He sold one hundred paid auctions his first year. Through the years he also worked at the Kansas City Stockyards, Emporia Livestock, Overbrook, Council Grove, St. Marys, Lawrence, Waverly and Kingsville, Missouri. He remembers one stretch that between the sale barns and local auctions, he worked for thirty days straight.

Looking back on those days, Green says he never could have done it without his wife of 61 years. Connie was right beside him when he went to auctioneer's school and kept the home fires burning through the years as he built his business and his reputation. The couple raised two children, Cristy and Kyle. They now have five grandchildren and five great grandchildren, and she's happy to have her husband around a bit more.

"It's just great that he decided to retire so he can have some time to do the things he wants to do while he is healthy enough to do it," Connie said.

His passions these days are his beagles, his grandkids and great grandkids. The hounds he chases through the woods on the trail of rabbits, and the kids he chases around to all their activities.

"When our kids were in activities, I was gone selling a sale for the most part and didn't get to see nearly as much as I wanted to," he reflected. "With the grandkids and great-grandkids, for the most part, I don't miss any of them."

Green's grandson Nic Bidinger is a race car driver who joins Clint Bowyer as one of only two people to win back-to-back championships at Lakeside Speedway in Kansas City. "I never miss a race, if possible," Green said. He said the other great-grandkids are in sports, and he sees as many of their events as possible, and they also enjoy hunting with him.

While it took him a long time to make up his mind to retire, Green says he's never looked back. He said he wanted to leave the business while he was still satisfying everyone involved, from the buyers to the sellers to the sale barn owners. "I'll be 84 in March," he pointed out. "Selling livestock markets is fast, and it's quick and you've got to be sharp." Right up until he dropped the gavel for the last time,



Above, Col. Verlin Green is shown selling cattle at the final auction at the Kansas City Stockyards on September 26, 1991.

Courtesy photo

Green lived up to and exceeded the expectations of his customers.

With the dogs and the grandkids, he stays pretty busy these days, but not so busy that he doesn't miss his old friends. "I miss the guys at the sales," he admitted. "You miss the

people you've worked with forever."

So who knows, between the rabbit hunts, dirt track races and sporting events, Col. Green might still call a sale or two from time to time... just to lend a hand to his friends.



Connie, Verlin's wife of 61 years, is happy to have her husband around a bit more since he retired last summer.

Ranching stories: K-State history professor, alumnus collaborate on new book about Flint Hills ranch life

A new book from the Chapman Center for Rural Studies at Kansas State University is a history of life on a prominent Flint Hills ranch through the years.

Sauble: Stories from the Flint Hills is co-authored by Patrick Henry Sauble, a longtime rancher and a K-State alumnus, and Bonnie Lynn-Sherow, K-State associate professor of history and director of the Chapman Center in the College of Arts and Sciences. It was published in 2019 by Mennonite Press in Newton. It is the third

book by the center.

A three-year project, *Sauble: Stories from the Flint Hills* is a collection of short stories and some tall tales told by Patrick Sauble over his lifetime as a rancher near Cedar Point. Sauble was born in Newton in 1921 to rancher John Sauble. His grandfather, David Sauble, was one of the earliest settlers in the Flint Hills, having ridden to Kansas with his friend Pete Hoover in the 1850s. The friends worked cattle across south central Kansas, knew trailblazer Jessie Chisholm and hid from Indians in a dugout on what became the Sauble ranch. Today, the DS Ranch is the oldest continuously operating ranch in Kansas and among the oldest in the United States.

Sauble grew up hearing the family stories of his father, grandfather and extended family members. He started retelling the stories himself while still a boy on the ranch. Sauble attended K-State, then called Kansas State Agricultural College, from 1939 to 1942 before enlisting in the U.S. Air Force as a pilot. He had learned to fly while a student at K-State, taking flying lessons for \$20 at the old municipal airport. He went on to fly for the next several years, transporting troops from one end of the country to the other as World War II wound down.



Flint Hills rancher Patrick Sauble is featured on the cover of the October 1976 issue of *The Kansas Farmer-Stockman* for his conservation efforts.

In 1946 he returned to the ranch and took over from his father. When the ranch was threatened by condemnation for flood control from the 1940s to the 1970s, Sauble became an outspoken conservationist. He was recognized by the governor with a Water Legacy Award in 2017 — the only recipient ever given the award for

preventing a water project instead of promoting one. Together, with his daughter and son-in-law, Sauble managed the DS Ranch right up until his death at age 98 on Dec. 7, 2019, the 79th anniversary of the attack on Pearl Harbor.

Lynn-Sherow was encouraged by Sauble's family and many friends to record his stories for a po-

tential book.

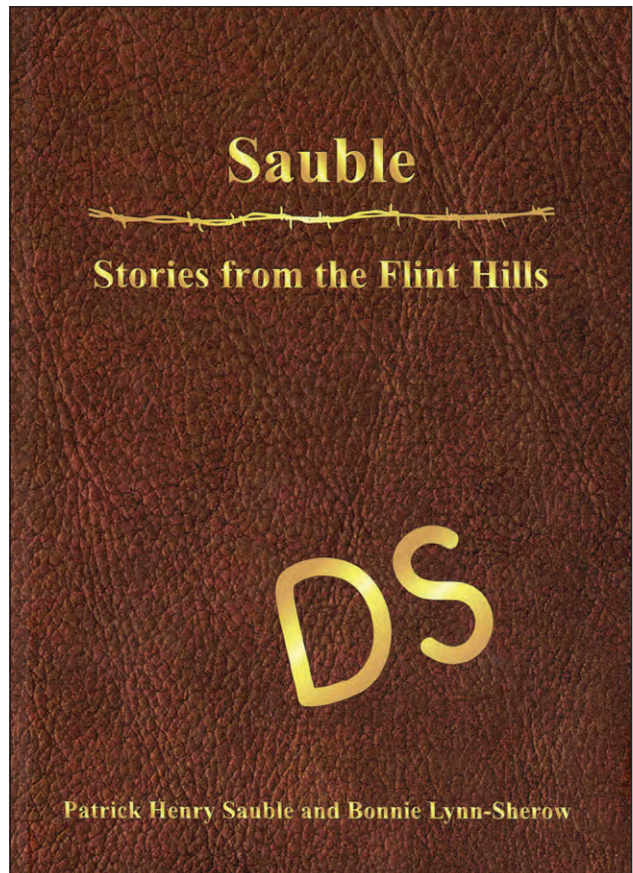
"As soon as I met Pat, I knew this was something I had to do — not just for him, but for everyone who loves the Flint Hills," Lynn-Sherow said. "Pat was a rare treasure and incredible ambassador for rural Kansans and their

ties to K-State."

Lynn-Sherow said her students were excited about the book so it became a collaborative effort and, in many ways, a race against time.

"This project ticked all the boxes for our work at

• Cont. on page 3



The cover of *Sauble: Stories from the Flint Hills*, a new book by Patrick Sauble, a longtime Flint Hills rancher, and Bonnie Lynn-Sherow, associate professor of history and director of the Chapman Center for Rural Studies at Kansas State University.

Insight

KANSAS FARM BUREAU
The Voice of Agriculture

Just Sit Right Back and You'll Hear a Tale

By Kim Baldwin,
McPherson County farmer
and rancher

I recently overheard a deep breakfast conversation with my husband and kids regarding the TV show they were viewing. It was such a good conversation I didn't want to interrupt the thought process, so I remained sitting in the living room, eavesdropping and trying to control my giggles. Plus, I wanted to see how my husband would handle our daughter's questions.

We've been without cable or satellite television for a few years now, so generally during breakfast the kids get to watch something we've recorded on our TiVo. While we have quite a diverse collection of recordings, we generally select a program from PBS like *Odd Squad*, *Molly of Denali* or *Peg Plus Cat* before school. The kids are really into science, math and adventures, so these three shows are a pretty regular morning rotation in our home.

However, on this particular morning the conversation centered around these people who got lost and ended up being stranded on a tropical island after a three-hour tour. Yes, my kids also love watching *Gilligan's Island* which airs on a local television channel. We have maintained a steady viewing of the 1960s sitcom for the last few years. In fact,

our son requested to have a *Gilligan's Island* themed birthday party once. There are many days I question my parenting tactics and decisions but allowing the kids to watch *Gilligan's Island* has never caused me to fret.

During this breakfast conversation, my four-year-old daughter was trying to make sense of the overall storyline.

"Let me tell you, Daddy," she began. "I'd be working on fixing the holes in that boat if I got stuck on an island. Why didn't they try to fix the holes?"

My seven-year-old would chime in to try to defend the plot and to help her better understand.

"Isannah, they're stranded on an island, they don't have the tools," Banks would point out.

"If they don't have tools, then why do they live in nice huts made from bamboo and trees?" she countered.

Silence. She did have a good point.

Isannah then moved on to her next item, "And let me tell you something else," she said. "I wouldn't take the boat at night — that's when there's waves!" I think she was referencing the opening scene of the show when the S.S. Minnow was tossed about by waves when the weather started getting rough. It was dark.

"Isannah, there's always waves day and night,"

Banks pointed out. "It's in the ocean."

Silence. He had a good point.

Clearly, as they continued this back-and-forth dialogue, both children had different perspectives related to the tale of the seven castaways.

All the while, my husband, Adam, would nod his head and make random sounds to ensure the kids knew he was listening to them both. But ultimately, the kids led the conversation and Adam was not needed to referee the chat.

Not once did either of them get upset or belittle the other's argument. Not once did either of them start screaming at the other or call the other names. Not once did either of them get frustrated and end the conversation.

While I think *Gilligan's Island* provides entertainment for my family, it also is clearly causing my kids to think and verbalize their thoughts with one another in a civil conversation.

Perhaps we all need some little ones discussing *Gilligan's Island* over breakfast from time to time to help remind us as adults how to interact with others who might have differing views.

After all, if the kids can model civil discourse, surely the rest of us can, too.

"Insight" is a weekly column published by Kansas Farm Bureau, the state's largest farm organization whose mission is to strengthen agriculture and the lives of Kansans through advocacy, education and service.

Prairie Ponderings

By Donna Sullivan

This morning I received a phone call that really touched my heart. A subscriber from Lindsay called to ask how my husband was doing since our December 15 car wreck. "You haven't been doing a very good job of keeping us updated on how he's doing," he said. It caused me to reflect on all the emails, Facebook messages and phone calls I've gotten from readers, friends and colleagues these past couple of months. Numerous people came up to me at the Topeka Farm Show to ask about him as well. Many of these people I've never met in person, but that didn't stop them from caring about us.

I have been blessed to work in the ag media industry for nearly twenty years now — ten years at KFRM Radio and in July it will be ten years here at *Grass & Grain*. I can

honestly say, the people I get the opportunity to work with and around are the very best part of my job. I appreciate all of you very, very much.

So how is my husband doing? Well, one piece of good news is, he was cleared to drive. I halfway expected him to throw his arms around the surgeon when he delivered the news, but somehow he managed to restrain himself. I, on the other hand, broke into a happy dance that sufficiently startled the poor surgeon enough for both of us. Once he recovered from that sight that no one ever really wants to see, he said that my husband was progressing faster than he would have expected at this point.

He is able to walk around our house most of the time without the aid of his walker or cane, but still uses a walking

stick when we leave the house to help give him stability. His pain continues to decrease and in general, he is getting better every day. We are incredibly thankful.

Technology allows him to be able to continue to work from home for his job with KFRM which is another blessing. And he hopes to be able to go back to driving a semi in a month or so. All in all, for as bad as it was, he is in a really good place.

We would like to say thank you to all of you who have asked about him and prayed for him. Your caring and compassion means more to us than you will ever know. Even if we never meet in person, and only know each other through these pages, that connection is real and it matters.

We both thank you, from the bottom of our hearts.

USDA announces third round of MFP payments to farmers

President Donald J. Trump and U.S. Secretary of Agriculture Sonny Perdue has announced the third and final tranche of 2019 Market Facilitation Program (MFP) payments for farmers and ranchers impacted by unjustified trade retaliation. U.S. Rep.

Roger Marshall, M.D., issued a statement following the announcement:

"We have recently celebrated several massive trade wins, which will have a substantial impact on farmers' bottom lines in 2020," said Dr. Marshall. "But when I am in Kansas

I continue to hear about the impacts and hardships facing farmers following multiple years of low commodity prices. Agriculture has remained the tip of the spear for trade negotiations and I applaud President Trump and Secretary Perdue for continuing to fight for Kansas farmers and ranchers by ensuring they are compensated for the short-term impacts of the ongoing negotiations. I look forward to continue working with the Trump Administration as we push for more market access for Kansas agricultural goods around the world."

Farmers will begin receiving checks in their accounts by the end of the week. Payments are based on the same single-county payment rate used in the second round of payments. The rate will be calculated by the farm's total plantings of MFP-eligible crops in aggregate in 2019.

Producers can visit Farmers.gov to learn what crops are eligible for payment, the per-county non-specialty and specialty crop payment rates, as well as livestock payment rates.



by Glenn Brunkow

Theory and practice are two different things. Many things sound good in theory but when put into real-world practice don't quite make the grade. That was the case for my lambing protocol this past week. In theory we have a lambing protocol in which every lamb spends an adequate amount of time in the lambing jug and is then tagged, has its tail banded, is weighed and vaccinated before it is turned out of the jug. Then the jugs are cleaned thoroughly and disinfected before the next ewe is brought in. This week my theory and protocol failed miserably in practice.

I must admit that the failure was not at all a bad thing. This past week we had the best and fastest week of lambing we have ever had. It seemed like every time I went out to the barn to check pens, there were several more ewes in labor and we only have eight jugs in our lambing barn. Usually eight is plenty and most of the time we are not rushing ewes and lambs out.

All of this started the middle of last week and soon the lambing barn and the pen around it were over capacity. Somehow in the blink of an eye, I had eleven ewes and I don't really know how many lambs calling it home. It was time to call in backup and get them moved to their more permanent home where they would stay until weaning.

I talked Dad into helping me move the first wave of ewes and lambs. It was a big job but fortunately I had followed protocol and the lambs were all tagged so they could be easily paired up with their mommas and moved. In a couple of hours, we had them all successfully moved and settled. The lambing barn was completely empty. This was Thursday afternoon.

The next thing to do was to completely clean and disinfect the barn. No matter how nice I talked to him, Dad did not seem to want to stay for this job. I thought I could clean it and it would probably be good for a couple of days, but it seemed like each time I stopped scooping and looked down at the maternity pens I had another ewe in labor. By the time I finished cleaning I had half of the jugs refilled with ewes either in labor or cleaning new lambs off.

By the next morning the barn was not only full but overfull. I had to throw the

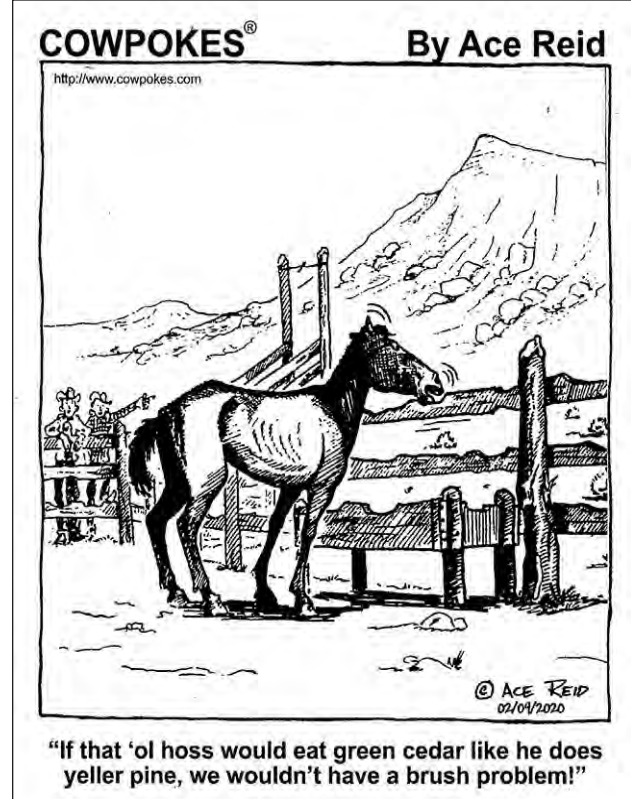
protocol out the window and turn ewes out without tagging their babies. Now don't get me wrong, they were not out in the big pen but in the smaller pen in front of the lambing barn. However, this still would make the next task more difficult than it needed to be.

Saturday morning, I had a full crew of help to clear out the lambing barn which was even fuller after another night and morning of more lambs. We had ewes and lambs everywhere. You know what? At that point they also start to look alike. My crew and especially the CEO were not impressed and were constantly reminding me that we have protocols in place for just that reason. We would watch and as soon as a lamb or lambs would decide that they were hungry we would snatch them up and place the appropriate tag in their ear. What should have taken maybe a half an hour took much longer.

However, at some point it was like putting a puzzle together and as we moved the pairs out and the options became fewer, progress did start to happen quicker. It was not quick enough for my critics, which happened to be my help, and of course the CEO. She did mention that this would be brought up at my next performance review and my pay would be docked accordingly. Can you dock zero pay?

Eventually the lambing barn again was brought down to a manageable level and only three ewes and babies remained. Again, as the barn was cleaned more ewes decided to go into labor and soon the barn was once again close to capacity. This time, at the insistence of the CEO, protocol was followed, and the lambs were worked and tagged shortly after they were born. Sunday the new lambs and ewes were moved with much less angst and criticism.

This leads to my point on theory and practice. In theory one would think that I would learn that when the lambing protocol is followed that life is much easier and the CEO is much happier. In theory that would be true, but we all know that in practice men don't often listen to their wives or I guess I meant to say, labor doesn't listen to the CEO. And there you have it, the difference between theory and practice in the real world.



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Managing Editor — Donna Sullivan
gandgeditor@agpress.com

— Advertising Staff —
Steve Reichert, Kurtis Geisler, Shelby Mall
steve@agpress.com, kurtis@agpress.com, shelby@agpress.com

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New partnership enhances leadership program for rural Kansans

Farm Credit Associations of Kansas is teaming up with the Kansas Agriculture and Rural Leadership Program to make it possible for KARL class participants to attend the Gettysburg Leadership Experience. The partnership makes the historic battle a lesson for modern-day decision making and leadership development.

The increased Farm Credit support means 30 KARL Class XV participants will study at the battlefield in Pennsylvania. The experience will immediately follow the class seminar in Washington, D.C. Feb. 11-15.

The announcement by Greg Reno, senior vice president with American AgCredit, Wichita, was made in Topeka during

a KARL class seminar in January.

Farm Credit has a long history with the KARL program and holds similar deeply-rooted values for agriculture and rural Kansas in what brings the two entities together as champions for leadership development.

"In this fast-paced world, we need to equip leaders with tools to make solid decisions and work together to help rural communities and agriculture prosper and grow," said Mark Winger, chief credit officer at Farm Credit of Western Kansas. Winger was a member of KARL Class III and a past KARL board chairman. "I'm excited that we are teaming up to increase our support for KARL and provide this

incredible experience at Gettysburg. Our common values in agriculture and rural Kansas, and our support for the KARL program to develop leaders makes good sense."

Current KARL board members see the partnership as making an already strong program even better. Doug Hofbauer, KARL board vice chair and retired Farm Credit executive, says his engagement with the Gettysburg Leadership Experience was pivotal in his leadership development and serves as a reference for him in his career, community, regional, and state level service. "Strategies, interpersonal skills, relationships," says Hofbauer. "These all matter in how we achieve successful results."

Steve Baccus, KARL board chairman, lauded the commitment of Farm Credit Associations of Kansas to partner with KARL as a "significant opportunity to support both of our missions in favor of agriculture and our rural communities. It is our people here who hold dear the values that we cherish, the work ethic, the integrity, and commitment to make progress for a better world. Combining our efforts with Farm Credit Associations of Kansas and FCC Services shows that working together to expose the KARL class to this type of in-depth experience exemplifies the ultimate in partnership efforts. We are grateful for this team effort," said Baccus.

Farm Credit Associations of Kansas is comprised of American Ag Credit, Frontier Farm Credit, High Plains Farm Credit, and Farm Credit of Western Kansas.

The KARL program is a non-profit, educational organization dedicated to developing leaders for agriculture, business and

rural communities, and is a member of the International Association of Programs for Agricultural Leadership (IAPAL), represented in 40 states and multiple countries. For more information about KARL, call Jill Zimmerman at 785-532-6300, email karl@ksu.edu or visit the KARL website.

Nation's oldest state ag-gag law ruled unconstitutional

The 30-year-old Kansas law protecting property rights of livestock owners by prohibiting undercover investigations at farms and slaughterhouses was largely struck down recently, *Meatingplace* reports. In Dec. of 2018, the Animal Legal Defense Fund led a coalition of animal, environmental and community advocacy groups in challenging the law's constitutionality as a violation of the First Amendment by prohibiting free speech.

The court found that the law, prohibiting speech based on its content, was unconstitutional, but retained the portions that criminalize causing physical damage to animals and facilities and the civil remedy for violations. Now Kansas joins several other state with "ag-gag" laws that have been invalidated or limited based on First Amendment challenges, including laws in Idaho, Iowa and Utah. Similar litigation is ongoing in North Carolina and Arkansas.

Ranching stories: K-State history professor, alumnus collaborate on new book about Flint Hills ranch life

• Cont. from page 1
K-State," she said. "We were able to highlight the flavor of rural life in Kansas while providing undergraduates with research and transcription experience and digital training as we scanned and saved a major archival collection."

The project also involved deep engagement with the residents of Chase County who provided information for the book, Lynn-Sherow said.

In keeping with the Chapman Center's mission, *Sauble: Stories from the Flint Hills* will soon be

made available for purchase at the Pioneer Bluffs Ranching Heritage Center near Matfield Green, with all proceeds going to Pioneer Bluffs. It is also available now from the center by contacting 785-532-0380 or chapmancenter@k-state.edu.

More information on the center also is available on Facebook at facebook.com/chapmancenter/.

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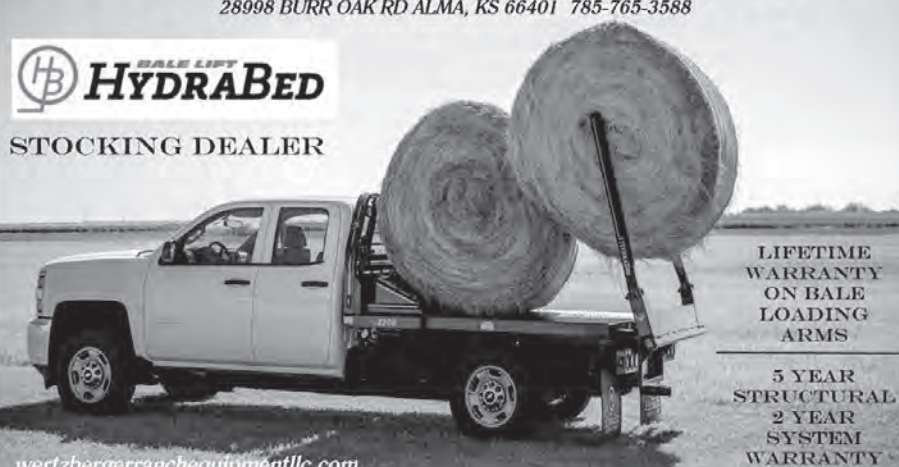
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GRASS & GRAIN Our Daily Bread

***** By G&G Area Cooks *****

Darlene Thomas, Delphos, Wins Weekly Grass & Grain Recipe Contest & Prize

Winner Darlene Thomas, Delphos:
RASPBERRY CHEESECAKE BARS

1 cup flour
1/4 cup powdered sugar
1 stick butter, room temperature
1 cup white chocolate chips
1 tablespoon vegetable oil
8-ounce package cream cheese, room temperature
1/4 cup milk
1 teaspoon vanilla extract
1 cup raspberry jam
Chopped nuts

Preheat oven to 375 degrees. Line a 9-inch square baking pan with parchment paper. In a medium-sized bowl whisk together flour and powdered sugar. Cut in butter with a pastry blender, working it in for 2 minutes or until combined. Press mixture on bottom of prepared pan. Bake for 15 minutes or until crust is golden brown. Remove from oven and cool for 10 minutes. In a small glass bowl combine white chocolate chips and oil. Microwave for 1 minute then remove and stir. Return to microwave, cooking in 30-second intervals until melted. Set aside to cool. In a large bowl beat cream cheese, milk and vanilla with electric mixer on high speed for 3 minutes or until mixture is creamy and smooth. Stir in melted white chocolate. Spoon cream cheese mixture over cooled crust. Carefully spread jam over the top. Sprinkle with nuts. Cover pan with plastic wrap and refrigerate for at least 4 hours. Cut into bars before serving. Yields: 1 dozen.

Gin Fox, Holton:
CROCK-POT HONEY GARLIC CHICKEN BREAST

1 1/2 pounds skinless boneless chicken breasts, cut into 4-6 pieces
1/2 cup ketchup
1/2 cup soy sauce (low-sodium preferred)
1/4 cup honey
4 cloves garlic, crushed
1 teaspoon basil

Combine ketchup, soy sauce, honey, garlic and basil; whisk together. Pour over chicken and mix to coat. Place chicken in crock-pot and cook on low for 4 hours (or until done). Serve with rice and vegetables.

Ella Holt, Gypsum: "A sweet treat."
DATE NUT LOAF

1 1/2 cups boiling water
1 1/2 cups cut up dates
1/2 cup brown sugar
1 tablespoon soft shortening
1 egg
2 1/2 cups flour
1 teaspoon soda
1/2 teaspoon salt
1 cup broken nuts

Pour water over dates (let cool). Mix well the brown sugar, shortening and egg. Stir in to dates and water. Add flour, soda and salt; mix and then blend in nuts. Spread in a well-greased large loaf pan. Bake at 350 degrees for 60 to 70 minutes.

Kimberly Edwards, Stillwater, Oklahoma:
PEANUT BUTTER PIE

8-ounce package cream cheese

3/4 cup powdered sugar
1/2 cup creamy peanut butter
6 tablespoons milk
8 ounces Cool Whip, thawed
1 graham cracker crust
1/4 cup chopped peanuts

In a bowl beat cream cheese until fluffy. Add sugar and peanut butter; mix well. Gradually add the milk. Fold in Cool Whip. Spoon into crust. Sprinkle with peanuts. Chill overnight.

Kellee George, Shawnee:
APPLE CHUNK CAKE

2 cups flour
2 teaspoons baking soda
1/4 teaspoon baking powder
2 teaspoons cinnamon
1/2 teaspoon salt
1 cup sugar
1 can apple pie filling

Mix all ingredients except pie filling, then add pie filling.

1/2 cup oil
2 eggs
2 teaspoons vanilla
1 cup raisins, optional
1/2 cup nuts, optional

Add this to dry ingredients and pie filling. Bake in a 9-by-13-inch pan at 350 degrees for 40 minutes.

Rose Edwards, Stillwater, Oklahoma:
FRENCH DIP SANDWICHES

1 1/2 pounds sliced cooked roast beef
1 1/2 cups water
2 beef bouillon cubes or 1/2 cup beef pan drippings
1 teaspoon instant minced onion
1/2 teaspoon soy sauce

12 slices crusty French bread or 6 sandwich buns, split

In a medium saucepan combine beef, water and bouillon. Cook over medium heat until thoroughly heated, stirring occasionally. Add onion and soy sauce. Cook 2-3 minutes. Serve between slices of crusty French bread or in sandwich buns. Individual portions of bouillon mixture can be served for dipping sandwiches.

Darlene Thomas, Delphos:
OLIVE-STUFFED CELERY

1 dill pickle spear plus 1 teaspoon juice
3 sweet pickles plus 1 teaspoon juice
6 pitted ripe olives plus 1 teaspoon juice
6 pimiento-stuffed olives plus 1 teaspoon juice
8-ounce package cream cheese, softened
1/3 cup Miracle Whip
1/4 teaspoon salt
6 celery ribs, cut into 2-inch pieces
1/4 cup chopped pecans, toasted

Finely chop the pickles and olives; set aside. In a small bowl beat the cream cheese, Miracle Whip, juices and salt until blended. Stir in the pickles, olives and pecans. Transfer to a small reusable plastic bag. Cut a small hole in the corner of the bag and pipe or stuff into celery sticks. Store in the refrigerator. Yield: 2 dozen.

Slouching ... So Wrong, But It Feels So Right

By Tara Solomon-Smith, Adult Development and Aging Agent, Wildcat Extension District

Fifty percent of people in the industrialized world suffer from some form of back pain and many are related to poor seat design and posture. I am on the road a little bit more these days, and I had been having some neck pain as a result. My 4'11" stature has never allowed me to sit flat footed in an office chair, so I recently switched to sitting on a yoga ball which has helped alleviate some of the pain.

After looking into this a little bit more, it amazed me how much proper posture and chair design can take a toll on your body. Improper posture can lead to muscle fatigue, pain, and even disk degeneration overtime. The good news is there are things we can do to improve the natural habit of slouching!

Move More, Sit Less

No matter what your work station consists of, take movement breaks every hour and change your postures when you start to fatigue. Research findings recommend the following: sit for 20, stand for 8, and move for 2 minutes per half hour. You can work up to this! Start by standing for short periods such as 5-10 minutes every hour.

How Does your Work Station Measure Up?

- Your chair should support your low back; feet should rest firmly on the ground or footrest slightly in front of you
- Your monitor should be directly in front of you, at an arm's length distance with your eyes at the same level as the tool bar
- Your mouse should be positioned close to you near the edge of the desk
- Your keyboard should be centered in front of you and near the edge of the desk
- Standing Posture**
 - Good foot support (low heeled supportive shoes or insoles)
 - Knees slightly bent
 - Weight balanced on both feet evenly, with feet hip width apart
 - Shoulders back and relaxed
 - Abdominal muscles slightly activated
 - Neck and head in line with shoulders from the side
 - From the side, should be able to draw a straight line from earlobes, shoulder, hip, to ankle

For more information, contact Tara Solomon-Smith, Adult Development and Aging Agent, tsolomon@ksu.edu or 620-724-8233.



The Love Feast
By Tiffany Oppelt

As I've gotten older, my level of appreciation has increased for the time, effort and thought put into our family gatherings. We were the type of family that would gather at a family member's house every Sunday for a formal, sit-down meal. When I was in high school, I was often taking flak from friends about how much time I spent with my family and exactly how "uncool" that was.

I am really grateful for those times and as lives have gotten busier and we have drifted to our different parts of the country, I find myself missing them a lot. One of my favorite family traditions was something we called "The Love Feast." It was a time that completely went away from our traditional format of courses or menu options.

"The Love Feast" was hosted in the month of February, as close to Valentine's Day as we could all get together. The point was to bring the dish that you loved most in the world to share with the people you loved. It was a time where we might serve pancakes beside pot roast followed by German Chocolate Cake.

It was so amazing to see what everyone chose to bring and get to share in things that everyone was crazy about. Have you ever tried to do think about what your favorite food is? For me, having a huge love for all food, I always had such a hard time deciding what to bring, but it would almost always include chocolate as an ingredient.

I am quite openly a chocoholic. So this month, in honor of my memories of "The Love Feast," I introduced a new menu item to TheraPie's menu: The Chocolate Covered Strawberry Pie. I'm sharing the recipe with you because I hope it inspires you to make something you love or try something new and get together with a bunch of people you love. Enjoy, friends.

Chocolate Covered Strawberry Pie by TheraPie

Chocolate Pie Crust:
1 3/4 cups sifted all-purpose flour, sifted
1 cup all-vegetable shortening
1/4 cup unsweetened cocoa powder, sifted
1/4 cup granulated sugar, sifted
5-7 tablespoons ice water

Combine flour, shortening, cocoa powder and sugar with a pastry cutter until pieces of shortening are broken up into small bits, about pea-sized. Add water, 1 tablespoon at a time, mixing with a fork until combined. You want the dough to be wet! Generously flour your board and rolling pin and roll

dough into a disk large enough to fill a 9-inch pie pan. Crimp edges. Freeze for 15 minutes. Preheat oven to 350 degrees.

Fudge Brownie Layer:
2 ounces bittersweet chocolate baking bar
2 ounces unsweetened chocolate baking bar
1 stick unsalted butter
3 eggs
1 tablespoon vanilla extract
2 tablespoons cocoa powder (sifted)
1/2 cup granulated sugar
1/2 teaspoon salt
1 cup flour, sifted

Melt chocolates and butter in microwave-safe bowl in 30-second intervals until chocolate pieces have melted and it is shiny.

Mix remaining ingredients until well-combined. Pour into prepared pie crust and bake at 350 degrees for 30 minutes or until it doesn't jiggle in the middle. While it is baking, prepare the Fresh Strawberry Filling.

Fresh Strawberry Filling:
1 pound fresh strawberries, cut into quarters
1 cup granulated sugar
4 tablespoons corn starch

Heat strawberries in a medium pan over medium-low heat on stove until juices start to seep out. Mix dry ingredients. Add to strawberries on the stove and heat on medium until the mixture starts to thicken and heavily coats a spoon.

Pour onto baked Fudge Brownie Layer and return to the oven and bake at 350 degrees for 10 minutes. Cool on a wire rack.

Chocolate Ganache:
8 ounces semisweet chocolate baking bar, chopped into as small & fine of pieces as possible
1 cup heavy whipping cream

Put the chocolate pieces in medium heat-safe bowl. Heat whipping cream in a small to medium saucepan until a soft simmer starts. Stir so it doesn't develop a skin or stick to the bottom. Do NOT let it boil, as that will be too hot. Immediately pour over the chocolate. Let it sit for 2-3 minutes. Stir very slowly until incorporated and chocolate is melted. Pour over the top of the pie. Garnish with more fresh strawberries if desired.

Tiffany is a life-long foodie and owner and baker of TheraPie, LLC, a home bakery. Her love for food has led her in many of her life choices and career path, including her current role as an Operations Manager with Dining Services at Kansas State University. Follow TheraPie, LLC on Instagram or TheraPie, LLC on Facebook for a peek inside how therapeutic pie and people can be. For questions or comments, she can be reached at therapie.llc@gmail.com

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Melinda Williamson, Morning Light Kombucha

By Ron Wilson, Director of the Huck Boyd National Institute for Rural Development at Kansas State University

Let's go to the 2019 National Restaurant Association Expo in Chicago. Food suppliers are displaying products from across the nation. Only one of these suppliers is a producer of a healthy, fermented drink called kombucha that promotes health in a person's gut. This remarkable business is owned by a Native American woman who lives in rural Kansas.



Center to help develop plans for a kombucha business.

In March 2016, Melinda launched Morning Light Kombucha. Her business is based in values of health and sustainability which are very important to her.

What is kombucha? It is a fermented, non-alcoholic tea that is rich in beneficial bacteria and B vitamins. "I start with a green and black tea blend and add sugar, filtered water, and the fermented culture," Melinda said. In four to six weeks, most of the sugar is consumed. The result is a bubbly, tart, low-sugar drink that is rich in probiotics and organic acids. "It is a great power-packed drink, a good alternative to soda. We recommend people drink four to eight ounces a day," she said.

The goal is a healthy gut. "The digestive system needs to be in balance," Melinda said. "I've gotten a lot of healing from it, and I wanted to help others."

Why the name Morning Light? "In my tribe, morning is a time for prayer," Melinda said. "The light of a new day marks a time for a fresh start."

As her business grew, Melinda expanded her production kitchen in nearby Hoyt. Her Morning Light Kombucha is now served on tap at eleven locations across northeast Kansas and she's seeking to grow. Her commitment to sustainability includes composting and recycling of brewing waste, selling kombucha on tap in refillable bottles, and recycling straws, lids, and sample cups.

Melinda works with

a network of local organic producers as her suppliers. "Ninety percent of our ingredients are sourced from local farmers," she said.

Morning Light Kombucha is a member of the Kansas Department of Agriculture's From the Land of Kansas program as well as Kombucha Brewers International. It is also a trademarked American Indian Foods product through the Intertribal Agricultural Council. A portion of her business's proceeds are donated to those in native communities, such as helping native students travel to Washington, D.C. "We give back where we can," Melinda said.

It's great to find a business like this in a rural community such as Hoyt, population 642 people. Now, that's rural.

For more information, go to www.morninglightkombucha.com.

It's time to leave the National Restaurant Association Expo in Chicago, where a Native American woman from Kansas is the only kombucha brewer present. We salute Melinda Williamson for making a difference with a business committed to health and sustainability. Such entrepreneurs can give us a good gut feeling.

Audio and text files of Kansas Profiles are available at <http://www.kansasprofile.com>. For more information about the Huck Boyd Institute, interested persons can visit <http://www.huckboydinstitute.org>.



By Ashleigh Krispense

Tacos seem to be a big hit whenever you need a quick meal idea. With the variety of toppings and ways you can make them, even the pickiest eater can find something to enjoy! Maybe it's time we mix things up a little and add some variety to our lineup of dishes. Here are some creative ways to give a few more options to your Taco Tuesday assembly line:

- Switch up your meats from time to time. We usually use seasoned ground beef for our tacos, but there are others just waiting for their moment in the spotlight! Try a spicy pork verde, pulled brisket or chicken.

- Give the beans a facelift. Instead of simply heating up a can of refried beans (you can try making homemade ones — they're super simple in the crock-pot!), spice things up by mixing in some finely diced jalapeños, onion, garlic and Monterey Jack cheese.

- Burnt corn kernels are a fun side dish to even eat by themselves! Grab a cast iron skillet and pour in a layer of corn that covers the bottom of it. Add a finely diced jalapeño (and maybe even a little onion) and cook on medium heat (stirring often) until the kernels are blackened and jalapeño is tender.

- Rice can be a favorite side dish of mine, when done right! While I prefer a very seasoned, almost sticky fried rice, others might like plain

rice better. If you have enough time, make a couple variations of rice to have in your Taco Tuesday lineup.

- Tacos can be baked, grilled, or even heated in a crock-pot. Don't get too stuck on the original make-and-go ones! Maybe even try focusing on a different meal and make breakfast tacos. A few suggestions for fillings could include: spicy scrambled eggs, sautéed onions and jalapeños, bacon or cooked ground sausage, Monterey Jack cheese, and so on.



- Salsas come in a variety of flavors, so don't always head right to the good ol' Picante sauce jar! Maybe branch out and try different things such as a Mango Peach salsa, Pineapple Pear salsa, etc. Something with a little heat but a few sweet notes could work nicely with different meats. If you want something to satisfy a sweet tooth, try one of my favorites: Fresh Strawberry salsa! Although the recipe was previously printed in this column, you can also find it online at prairiegalcookin.com.

- Don't forget the guacamole! If you want to

mix it up earlier that day, go right ahead but just leave the pit(s) in the dip, cover tightly with saran wrap and store in the fridge. It's thought that the pits help to keep the dip from turning brown. And nobody wants brown dip on the table! (Although it'll still be delicious — don't panic!)

- While we normally might just pile on a healthy scoop of sour cream (or for some people I know — a good chunk of the tub) try mixing in some taco seasoning with the sour cream. (Approximately 1 cup sour cream to 3-4 tablespoons taco seasoning, depending on your taste preferences.) Pop back in the fridge until you're ready to use it and serve in a pretty bowl! (Pssst... It's even yummy as a quick dip with chips!)

I hope you found something that inspired you to mix up your next taco night! You can't really go wrong and piling on all sorts of goodies can almost be an adventure at times. Have fun!

Ashleigh is a freelance writer and blogger for her website, *Prairie Gal Cookin'* (www.prairiegalcookin.com). She shares everything from step-by-step recipes and easy DIY projects, to local history, stories, and photography from out on the farm in Kansas. Follow PGC online or like it on Facebook for more recipes and ramblings!

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Seed & Chemical Issue 2020

Corteva Agriscience unveils three new herbicides

The U.S. Environmental Protection Agency (EPA) has registered two new Corteva Agriscience herbicides — DuraCor™ and TerraVue™ — for the 2020 season and is evaluating a third — ProClova™. DuraCor and TerraVue herbicides are powered by Rinskor™ active, a new active ingredient in the vegetation management market, designed to deliver superior weed and brush control with tolerance to grasses, forbs, shrubs and other desirable plants. That combination

provides twofold advantages to vegetation managers. Rinskor received the American Chemical Society's 2018 Green Chemistry Challenge Award.

DuraCor effectively controls common rangeland and pasture weeds, such as thistles, ragweed, horse-nettle, pigweed and others. TerraVue can be used on roadsides, utility rights-of-way, natural areas and wildlife management areas, including grazed areas in and around these sites, among other locations. Both

products will be available for the 2020 application season.

ProClova is designed to provide cattle producers access to a broad-spectrum weed control product that preserves white clover and annual lespedeza, and all their benefits. Pending EPA registration, Corteva anticipates making ProClova available to livestock producers for the 2021 season.

Great Plains Analytical Laboratory, Cereal Ingredients, Inc. and Robert Hatch donate to wheat research

Great Plains Analytical Laboratory, Cereal Ingredients, Inc., and their CEO Robert Hatch, have committed a \$100,000 donation to the Kansas Wheat Commission Research Foundation in support of impactful wheat research. The gift will be directed toward ongoing research aimed at developing wheat varieties that result in high-quality baked goods. Hatch is chairman and CEO of Cereal Ingredients, Inc., a specialty food ingredients manufacturer he founded in 1990, and CEO of Great Plains Analytical Laboratory, an analytical laboratory founded as a response to a need in the grain, flour, baking and food industries for a high level of service, response time and expertise.

The Kansas Wheat Commission Research Foundation differs from the wheat checkoff. While the checkoff does fund wheat research, it also is used for marketing, promotion and education. Donations to the Kansas Wheat Commission Research Foundation will be used only for wheat research.

Through its Fields Forward fundraising campaign, the Kansas Wheat Commission Research Foundation is raising funds to further wheat research efforts led by K-State faculty that increase the profitability of farmers while improving the quality of wheat for millers, bakers and consumers.

"We greatly appreciate this support of the wheat

and baking industries by Great Plains Analytical Laboratory, Cereal Ingredients, Inc., and Robert Hatch," said Ron Suppes, chair of the KWC Research Foundation. "For many years, Mr. Hatch has demonstrated his passion for increasing the quality of wheat as a food in-

gredient." Recent technological breakthroughs in wheat genetics research will allow for accelerated delivery of high-value traits to market. In 2017, the reference map of the bread wheat genome was completed by a consortium of international scientists. This new map, in

conjunction with emerging technologies like gene editing, will assist in identification and integrations of high-quality end-use traits into new wheat varieties. This gift will be used to help support this research.

"The team conducting this research includes some of the brightest sci-

entists in the wheat research community," said Aaron Harries, V.P. of Research and Operations for the Kansas Wheat Commission. "Depending on the discoveries made, this project has the potential to revolutionize the way farmers grow wheat for added value."

Legumes – don't overlook Annual Lespedeza

By Keith Carmichael

Legumes added to the pasture or hayfield produce nitrogen which eventually becomes available to grasses as well and they are a very important protein source. Without legumes in the mix you really don't have your very best pasture or hay... or your best intake, performance or gain. Overseeding pastures and hay fields with legumes is basic, common sense management. No single legume can do it all. Soil fertility, pH, texture, and drainage all help determine which legume is best for your operation. If you believe in having diversity like the professionals, use several types of clover and perhaps alfalfa if your soil pH will support it. If not, perhaps you should take a look at annual lespedeza. The taller, more productive Legend



Legend lespedeza, right, next to the once popular Marion variety, is now in its 20th year of commercial production.

lespedeza has proven to be a very productive summer forage for almost two decades.

Annual Lespedeza

Annual lespedeza is well known for its unique tolerance to drought and low pH soils. It is also one of the few legumes that does not cause bloat.

Adding annual lespedeza with other legumes into cool-season grass pastures can mean extra forage and therefore extra pounds because many grasses often leave a significant forage gap in summer months. Milk production, weaning weights and reproductive efficiency are all closely tied to the animal nutrition during this period. So, if you want cows to milk and breed, and calves to gain during the summer make sure you have annual lespedeza in your plan.

Legend Lespedeza – now in its 20th year

From northern Missouri and southeast Kansas to Georgia there has been renewed interest in annual lespedeza mostly because of the success of Legend lespedeza. This annual-striate lespedeza that has been grown effectively for both pasture and hay all over the lower Midwest and throughout the South is now in its 20th year of commercial production.

Compared to other

types, the taller Legend exhibits a greater leaf-to-stem ratio. In some tests the advantage in dry-matter yield has proved to be two to one. Producers who have grown a variety of lespedezas over the years characterize Legend as a "very leafy lespedeza that grows taller and reseeds itself very well".

Annual lespedeza should not be confused with its perennial cousin – Sericea which is a serious weed problem in many areas.

Spring, Summer and Fall

When planting the newer, safer types of fescue, or other cool-season grasses, lespedeza is the one legume that can be recommended as a companion the first season because it does not compete aggressively with the new grass early in the spring.

The effects of endophyte toxicity in some fescue pastures during the summer are hard to measure, but well documented. This fungus affects all of animal performance – especially reproduction. Annual lespedeza in pastures can 'dilute' and significantly reduce its effect. With annual lespedeza, it's all about 'timing'!

Fall stockpiling of fescue pasture is very important in many operations and the management required to stockpile this forage fits very well in allowing annual lespedeza to re-seed itself.

For more information visit www.Legendlespedeza.com.



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Bayer welcomes U.S. Environmental Protection Agency's reaffirmation that glyphosate is safe to use, not carcinogenic

Bayer said recently that the U.S. Environmental Protection Agency's favorable conclusion about the safety of glyphosate in its Interim Registration Review Decision, based on the agency's expert review over a ten-year period, reaffirms that the extensive body of science continues to support the safety of herbicides containing glyphosate and that this active ingredient is not carcinogenic.

In its Interim Registration Review Decision, EPA concluded that it "did not identify any human health risks from exposure to glyphosate."

"EPA's latest decision on glyphosate-based herbicides adds to the long-term evaluation of leading international health authorities that these products can be used safely, and that glyphosate is not car-

cinogenic," said Liam Condon, member of the Board of Management of Bayer AG and President Crop Science Division. "Glyphosate-based herbicides are one of the most thoroughly studied products of their kind, which is a major reason why farmers around the world continue to rely on these products not only for effective weed control, but also to minimize tillage farming practices, reduce greenhouse gas emissions, preserve more land for native habitats, and provide enough food to meet the needs of a growing population worldwide. EPA's science-based, in-depth assessment by its expert team reflects a gold standard for scientific rigor that is respected by regulators and scientists across the globe."

The EPA had already confirmed its position on

glyphosate earlier this year. Together with the U.S. Department of Justice, on behalf of the U.S. government, EPA filed an amicus brief in the Roundup Litigation in the Hardeman appeal. In this brief both authorities are supportive of the company's arguments. In August 2019 the EPA sent a letter to glyphosate registrants, which stated respectively that a cancer warning on products containing this active ingredient would be "inconsistent with the agency's scientific assessment of the carcinogenic potential of the product" and would be a "false and misleading statement."

The EPA also said in its Interim Registration Review Decision that "it used the most current science policies and risk assessment methodologies to prepare a risk as-

essment in support of the registration review of glyphosate. The EPA thoroughly assessed risks to humans from exposure to glyphosate from all registered uses and all routes of exposure and did not identify any risks of concern." EPA also reiterated its conclusion that "glyphosate is not likely to be carcinogenic to humans," its most favorable rating.

Glyphosate-based products are the most widely used herbicides in the world, and EPA's announcement is just the latest instance of a regulatory agency reaffirming that glyphosate is not carcinogenic. Since IARC's assessment in 2015, regulatory and scientific bodies that have reaffirmed their conclusions about the safety of glyphosate-based products and that glyphosate is not carcinogenic include

the European Food Safety Authority (EFSA), European Chemicals Agency (ECHA), German BfR, and Australian, Canadian, Korean, New Zealand and Japanese regulatory authorities, as well as the Joint FAO/WHO Meeting on Pesticide Residues (JMPR).

In January 2019, Health Canada concluded: "After a thorough scientific review," concerns about glyphosate safety "could not be scientifically supported when considering the entire body of relevant data." Health Canada also noted that the 20 scientists who conducted the review, who had not been involved in its 2017 re-evaluation of glyphosate, "left no stone unturned" and "had access to all relevant data and information from federal and provincial governments, international

regulatory agencies, published scientific reports and multiple pesticide manufacturers."

As part of Bayer's Transparency Initiative, the company has committed to enabling access to all of the in-depth glyphosate safety and other crop protection studies submitted to the European Food Safety Authority (EFSA) that Bayer has permission to disclose on its transparency platform. Bayer remains committed to offering more choices for growers and announced last year an investment of approximately 5 billion euros to develop additional methods to combat weeds over the next decade.

For more information on Roundup, visit <https://www.bayer.com/en/glyphosate-roundup.aspx>

United Nations declares 2020 as the International Year of Plant Health; USDA kicks off awareness efforts in the United States

Plants make the oxygen we breathe and give us 80 percent of the food we eat. But plants are under attack by invasive pests. These pests destroy up to 40 percent of the world's food crops and cause \$220 billion in trade losses each year according to the United Nations (U.N.). That leaves millions of people worldwide without enough food to eat and seriously damages agriculture—the primary source of income for rural communities.

To bring worldwide attention to this challenge, the U.N. has declared 2020 as the International Year of Plant Health. They are calling on people, organizations, industries, scientists, and governments to work together to protect plants against the introduction and spread of invasive pests. The U.S. National Plant Protection Organization — the U.S. Department of Agriculture's (USDA) Plant Protection and Quarantine — is leading the effort in the United States.

"At USDA, we do all we can for our farmers, ranchers, foresters, and producers so that they can continue to feed and clothe this nation and the world," said USDA under secretary for marketing and regulatory programs, Greg Ibach. "That's why we're urging everyone to take this issue seriously and to do their part. Pro-

tecting plants from pests and diseases is far more cost-effective than the alternative."

According to USDA, everyone can help avoid the devastating impact of pests and diseases on agriculture, livelihoods, and food security. You can get started today by taking a few important actions, including:

Look for and report unusual signs of pests or disease in trees and plants to your local Extension, state department of agriculture, or local state office.

Don't move firewood. Instead, buy heat-treated firewood or responsibly gather wood near the place it will be burned to ensure tree-killing beetles

hiding inside can't spread to new areas.

Always declare food, plants, or other agricultural items to U.S. Customs

• Cont. on page 8



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Seed & Chemical Issue 2020

Yield contest winners honored at Kansas Corn Symposium

Kansas growers who entered the Kansas Corn Yield Contest overcame challenging planting and growing conditions to produce high yields in 2019. Southwest Kansas grower Tyler Hands, Finney County, entered the top irrigated yield in the contest at 304 bushels per acre with Pioneer P1828AM. Northeast Kansas grower Alex Noll, Leavenworth County, entered the top dryland yield at 281 bushels per acre with DeKalb 6674 RIB SS.

"We had some great entries into the Kansas Corn Yield Contest," Kansas Corn director of Research and Stewardship Dale Fjell said. "With the contest in its second year, we plan to continue building this program, learn from the results and showcase the productivity of Kansas corn producers."

The contest offers awards to dryland and irrigated winners in ten districts, along with one statewide dryland and one statewide irrigated win-

ner. The winners were recognized at the 2020 Kansas Corn Symposium on Jan. 23.

The Kansas Corn Yield Contest was created to recognize high-yielding Kansas corn farmers and gain information to improve practices and increase efficiency for greater sustainability and profitability. Sharing the data collected among Kansas farmers benchmarks the corn yields and provides information for improving management practices.

Below is a list of the yield contest winners and the county where their winning field was grown.

Overall state dryland and irrigated winners

Dryland: Alex Noll, Leavenworth County; Yield: 281 bu./acre; Hybrid: DeKalb 6674 RIB SS

Irrigated: Tyler Hands, Finney County; Yield: 303.8175 bu./acre; Hybrid: Pioneer P1828AM

Northwest District 1

Dryland Category
1st Place: Leo Zodrow, Decatur County; Yield:

156.3544 bu./acre; Hybrid: Pioneer P0805AM

2nd Place: Justin Zodrow, Decatur County; Yield: 152.1988; Hybrid: Pioneer P1498AM1

3rd Place: Leo Zodrow, Decatur County; Yield: 134.3523 bu./acre; Hybrid: Pioneer P0805AM

Irrigated Category

1st Place: Jason Geisinger, Sheridan County; Yield: 252.8021 bu./acre; Hybrid: Pioneer P1366AM

2nd Place: Harold Koster, Sheridan County; Yield: 250.5278 bu./acre; Hybrid: Pioneer P1366Q

3rd Place: Mark Hill, Sheridan; Yield: 240.98 bu./acre; Hybrid: Pioneer P1370Q

West Central District 2

Dryland Category
1st Place: Jason Edwards, Logan County; Yield: 162 bu./acre; Hybrid: AgriGold 6499STX

Southwest District 3

Irrigated Category
1st Place: Tyler Hands, Finney County; Yield: 303.8175 bu./acre; Hybrid: Pioneer P1828AM

2nd Place: Tyler Hands, Finney County; Yield:

283.7761 bu./acre; Hybrid: Pioneer P1828AM

3rd Place: Tyler Hands, Finney County; Yield: 267.30; Hybrid: Pioneer P1366AM

North Central District 4

Dryland Category
1st Place: Lee Pifer, Washington County; Yield: 197.5017 bu./acre; Hybrid: Pioneer P1244AM2

2nd Place: Sue Pifer, Washington County; Yield: 189.4397 bu./acre; Hybrid: Pioneer P1244AM

3rd Place: Ryan Stewart, Washington County; Yield: 184.8998 bu./acre; Hybrid: Pioneer P1244AM

Irrigated Category
1st Place: Todd Cyr, Cloud County; Yield: 272.6653 bu./acre; Hybrid: Pioneer P1828AM

2nd Place: Faye Cyr, Cloud County; Yield: 263.3359 bu./acre; Hybrid: Pioneer P1828AM

3rd Place: Cordell Cyr, Cloud County; Yield: 247.1330 bu./acre; Hybrid: Pioneer P1828AM

Central District 5

Dryland Category
1st Place: Neal Galle, McPherson County; Yield:

157.93 bu./acre; Hybrid: AgriGold 6619

Irrigated Category
1st Place: John Bergkamp, McPherson County; Yield: 288.22 bu./acre; Hybrid: AgriGold 6544VT2

South Central District 6

Dryland Category
1st Place: Aaron Pauly, Sedgwick County; Yield: 201.8035 bu./acre; Hybrid: Pioneer 1847AML

2nd Place: Bruce Seiler, Sedgwick County; Yield: 194.2562 bu./acre; Hybrid: DeKalb 6355

3rd Place: Tony Spexarth, Sedgwick County; Yield: 149.73 bu./acre; Hybrid: AgriGold A6619VT2RIB

Irrigated Category
1st Place: Tony Spexarth, Sedgwick County; Yield: 251.2047 bu./acre; Hybrid: AgriGold 6544VT2RIB

Northeast District 7

Dryland Category
1st Place: Alex Noll, Leavenworth County; Yield: 281 bu./acre; Hybrid: DeKalb 6674 RIB SS

2nd Place: Ryan Holthaus, Brown County; Yield: 217.17 bu./acre; Hy-

brid: Mycogen MY12G35

3rd Place: Cliff Swart, Nemaha County; Yield: 212 bu./acre; Hybrid: Pioneer 1366

East Central District 8

Dryland Category
1st Place: Glenn Caldwell, Anderson County; Yield: 132.08 bu./acre; Hybrid: DeKalb 52-61 RIB

Southeast District 9

Dryland Category
1st Place: Shawn Gelfert, Allen County; Yield: 168.42 bu./acre; Hybrid: Pioneer P1151 AM

North Northeast District 10

Dryland Category
1st Place: Robert Henry, Brown County; Yield: 245.67 bu./acre; Hybrid: Pioneer P1563M

2nd Place: Traci Noll, Doniphan County; Yield: 241.8 bu./acre; Hybrid: DeKalb 66-75

3rd Place: Doug Armstrong, Atchison County; Yield: 236.9783 bu./acre; Hybrid: AgriGold A6499

Irrigated Category
1st Place: James Mueller, Brown County; Yield: 260.8756 bu./acre

Apply now for ASA, Valent Ag Voices of the Future program for students

The American Soybean Association (ASA) and Valent are now accepting applications for Ag Voices of the Future, a program for students, held in conjunction with the summer ASA Board meeting and Soy Issues Forum from July 6-9, 2020, in Washington, D.C.

Ag Voices of the Future gives college students an inside look at how agricultural policies are made in Washington, along with education on effective advocacy and the signifi-

cant legislative, trade and regulatory issues that impact farmers. The program also provides the chance to visit with professionals who work in Washington and learn more about careers related to agriculture policy. Class size is limited and students must be at least 18 years old to apply.

Application Process

To apply for the ASA and Valent Ag Voices of the Future program, and be considered for a schol-

arship to the AFA Leaders Conference, students should visit the scholarships page on the AFA website, click on the green "Apply Now" button, and submit their online application by March 11.

To make sure students are considered for the Ag Voices of the Future program, they should check the box that reads, "I have an interest in agriculture policy and would like to be considered for the ASA and Valent Ag Voices of the Future Program (July 6-9, 2020, in Washington, D.C.), as well as receiving an AFA Leader and Academic Scholarship." If a student has already applied for the AFA Leaders Conference, they can still modify their application to include checking the box for the Ag Voices of the Future program.

Bonus Opportunity

United Nations declares 2020 as International Year of Plant Health; USDA kicks off awareness efforts in the United States

• Cont. from page 7 and Border Protection when returning from international travel so they can make sure these items are free of pests.

Contacting your local state office before you buy seeds or plants online from other countries to find out if they need to be inspected and certified as pest-free or meet other conditions to legally bring them into the United States.

To learn more about the International Year of Plant Health and how you can help stop destructive invasive plant pests, visit USDA's website at www.aphis.usda.gov/planthealth/2020.

through Agriculture Future of America

Through a partnership ASA and Valent have with collegiate organization Agriculture Future of America (AFA), two students from the 2020 Ag Voices of the Future program will also have the opportunity to win the following:

\$1,600 academic scholarship

Complimentary registration (includes hotel stay) for the Agriculture Future of America (AFA) Leaders Conference - Nov. 12-15, 2020, in Kansas City, Missouri.

Up to \$500 for reimbursement of travel expenses to the AFA Leaders Conference

For more information on the Ag Voices of the Future program, visit soygrowers.com or contact Michelle Hummel at mhummel@soy.org.

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Grain Craft increases commitment to quality with additional donation to wheat research foundation

Grain Craft, the largest independent flour miller in the nation, has increased its commitment to improving wheat quality with another gift to the Kansas Wheat Commission Research Foundation (KWCRF). The gift will build upon previous support of research to improve wheat quality and yield through proper fertility management.

“Preliminary results from the research indicate there is a strong correlation between proper fertility management of wheat by farmers and not only the quantity, but quality of the protein produced,” according to Romulo Lollato, Wheat Production Extension specialist at Kansas State University in Manhattan.

Grain Craft’s contribution makes the company a

lead sponsor of the Fields Forward Campaign. Fields Forward is the campaign to raise \$4 million for the KWCRF. The three focuses of the campaign are funding of ongoing wheat research, developing future research talent, and building funds for the long-term support of wheat research facilities and technology. More information is available at www.fieldsforward.org

“Grain Craft has led by example as a liaison between its customers and wheat scientists,” said Justin Gilpin, CEO for the Kansas Wheat Commission. They educate their customers about wheat quality while communicating those quality needs upstream to the research community. That dialogue is invaluable.”

“Grain Craft is committed to sourcing wheat with excellent milling and baking characteristics,” said Alan Koenig, chief supply chain officer for Grain Craft. “We are proud to further our support of the ongoing improvement of wheat quality and the advancement of quality for the entire supply chain.”

Grain Craft has a longstanding relationship with the Kansas Wheat Commission and Kansas State University. The company has supported each with collaborative partnerships, special funding and data analysis assistance throughout the years. In addition, Grain Craft participates in the internship program which is fielded through the KSU Grain Science department.

ASA celebrates its ‘First Soy Century’ – 2020 centennial year includes robust schedule of events & activities

What began on an Indiana soybean farm 100 years ago developed into an organization that quickly grew to be the leading advocate for soybean farmers and foster the building of the U.S. soybean industry—the American Soybean Association (ASA). ASA is celebrating its “First Soy Century” as it recognizes its 100th anniversary throughout 2020.

The roots of ASA were formed when brothers Taylor, Noah and Finis Fouts hosted the first Corn Belt Soybean Field Day at their Soyland Farms operation in Camden, Indiana on Sept. 3, 1920. The event drew nearly 1,000 farmers from six states, who were interested in discovering more about this emerging new commodity called soybeans.

The National Soybean Growers’ Association—later renamed the Ameri-

can Soybean Association—was formed that very day. Taylor Fouts was elected as the first president of the association.

In the century since those humble beginnings on an Indiana soybean farm, ASA has continually been on the leading edge—focused on sustaining and improving the prospects and opportunities for profitability for U.S. soybean farmers.

Throughout the years, ASA has been at the forefront—engaged, committed and working diligently on behalf of U.S. soybean farmers on a variety of issues, including:

Helping remove interstate commerce restrictions and protect domestic markets for U.S. soybeans and soy food products.

Leading the charge to improve soybean grading standards in order to meet the quality demands of do-

mestic processors and international soybean buyers.

Working with USDA’s Foreign Agricultural Service decades ago to initiate market development projects for U.S. soy and soy products in what was just a few countries starting in the mid-1950s, growing to more than 40 countries in the 1960s, and reaching today’s globally strong position of exporting U.S. soy to more than 100 countries.

Funding initial research that led to dozens of new uses for soy-based products—from paint to printer’s ink, from plastics to building materials.

Working with the soybean processing industry to improve the quality, characteristics and value of U.S.-grown soybeans.

Fostering the development, growth and engagement of state soybean

associations—creating a powerful nationwide network of soybean advocates and farmer-leaders.

Creating a “voluntary” soybean farmer-investment program in 1948 that eventually led to the establishment of state soybean checkoff programs.

Advocating and achieving passage of legislation creating a national soybean checkoff—managed by the farmer-led, USDA-appointed United Soybean Board.

Ensuring that soybean farmers are heard—loud and clear—when key legislation is being developed and debated—from Farm Bills to renewable fuels, from regulatory issues to international trade.

And most importantly, representing the best interests of soybean farmers at every opportunity.

A Year-Long Celebration of ASA’s ‘First Soy Century’

ASA plans a robust year of activities to celebrate the association’s centennial including:

High-profile activities at the 2020 Commodity Classic in San Antonio Feb. 27-29, including a gathering of more than 20 former ASA presidents, an impressive exhibit booth featuring historical photos, artifacts and soy treats, and a fun-filled annual banquet focused on the 100th anniversary.

A policy-focused event on July 8, 2020 at the National Museum of American History in Washington, D.C.

A dedication ceremony on Aug. 4, 2020 for an historical marker to be located on the Fouts family farm in Camden, Indiana, the site of ASA’s birth in 1920.

A forward-looking symposium entitled “The Next Soy Century” to be held on the campus of Purdue

University on Aug. 5, 2020, featuring an impressive line-up of thought leaders and industry experts.

A website dedicated to the 100th anniversary at ASA100Years.com.

A Land’s End web portal through which ASA-branded merchandise can be ordered. A link to this portal is available on the ASA 100th Anniversary website.

A commemorative book outlining the history and achievements of ASA over the past century.

Dozens of web videos featuring anecdotes and congratulatory messages from former ASA presidents, policy makers and soybean advocates.

A wrap-up celebration at the ASA board meeting in December 2020.

For more information on the 100th anniversary of the American Soybean Association, visit ASA’s 100th Anniversary website.

Be prepared with a bucket

By Lance Albin

As production agriculture enters its sixth year of narrow profit margins, it is critical to be thinking about your working capital ratio and how to maintain or improve it. To many bankers and financial lenders, it is perhaps the most important financial element to an operation. But for many producers, it’s not a priority until it is. I’ve heard it compared to oxygen in the human body – easy to ignore until it’s no longer there.

If you’re not familiar with the term, working capital ratio is simply computed by dividing current assets by current liabilities. Current is defined as assets that can be converted to cash within one year and obligations that will have to be met within one year. This may also be commonly expressed as net working capital (current assets minus current liabilities).

In good economic times, the working capital position is typically strong and not that much attention is paid to it. In tougher economic times, it becomes

the difference between being able to meet obligations or serious financial trouble. A few potential ways to improve your working capital position in 2020 could include:

Selling non-productive assets, such as equipment or land, that are no longer contributing to the economic earnings of the farm. In leaner economic times, astute managers will eliminate non-essential items to help build or replenish working capital.

Restructuring loans to move current or intermediate term debt to long-term financing on real estate. This can be a difficult decision to make when that land is paid off, but it may be required to keep the farm operating properly in the short and intermediate term.

Even if your farm is not currently experiencing financial stress, building and maintaining a strong working capital position should still be a top priority. This strong position will enable the farm to perform well in various parts of the agricultural economic cycle and will

allow you to take advantage of opportunities that may arise in the coming months and years.

Warren Buffett has said, “Opportunities come infrequently. When it rains gold, put out the bucket, not the thimble.” Having a very solid working capital position will allow you to put the bucket out, whether it’s buying land, cattle or another agricultural asset at a great price.

Lance Albin is the president of UMB Bank’s Agribusiness Division. He has a master’s degree in business administration from Fort Hays State University. UMB Bank is one of the Top 25 Farm Lenders in the United States serving farmers/ranchers, producers, processors, manufacturers and dealers throughout the Midwest and Mississippi Delta regions. He can be reached at Lance.Albin@umb.com.



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Star Seed celebrates a century of sudden service

Anniversaries are always cause for celebration, and that is no less the case this year as Star Seed, Inc., marks a century of Sudden Service™ to a vast, expanding market. Founded in 1920, and based in Osborne, since 1930, the company has grown into a thriving enterprise that, today, supplies farmers and homeowners nationwide with a broad range of products. At the same time, the company has used its experience and extensive inventory to provide what can only be described as Sudden Service.

"Flexibility, promptness, and quality seed products have always been hallmarks of Star Seed," says Eric Woofter, CEO of Star Seed, Inc. "Star Seed's Sudden Service™ simply means that most of the products are usually available on a rush-order basis if conditions require quick delivery."

In addition to stocking a full line of native grasses,

forages, legumes, wildflowers, food plot mixes and cover crops. Star Seed provides a wide variety of lawn and turf grasses, small grain seed, including certified wheat, oats, barley, rye and triticale. In recent years, the company has also added a full line of seed care products, including grain storage products, inoculants, and seed treatment products, colorants and seed flow aids.

"With nearly 50 different native grass species, plus well over 100 different types of wildflowers, we currently have one of the largest selections of native grass and wildflower seed in the industry," Woofter adds. "In fact, we have 11 different species of sunflowers alone. Consequently, we can quickly supply customers with exactly what they need, whether it's a single variety or a blend."

However, despite its 100 years of history, Star Seed Inc., feels more like a brand-new company to many; and, indeed it is in a sense. After a major fire in 2014 that de-

stroyed the company's offices, shop, warehouse and manufacturing facility, Star Seed came back a year later with a new state-of-the-art seed plant that is recognized as one of the most advanced facilities of its kind in the industry. Capacity, for example, is four times greater than it was in the original building and operations throughout the plant are computer-controlled.

If quality products and outstanding service weren't enough, Star Seeds also provides expert advice from an exceptional team of biologists, agronomists, and ag-business professionals.

"Being centrally located within the area we serve and having quality employees who appreciate the value of service have been among the keys to our 100 years of success," Woofter concludes. "We look forward to starting a second century of Sudden Service."

Swine Health Information Center will stay open for business

The Swine Health Information Center (SHIC) is staying open – and that's good news for the swine industry.

Recently, the National Pork Board (NPB) Board of Directors approved a two-

year extension of SHIC, originally formed on July 1, 2015, with the understanding that it would sunset on July 1, 2020. After the recent presentation and approval of SHIC's 2019 Progress Report, the NPB Board of Directors voted to extend the project for two more years, using SHIC's existing funds, according to a SHIC release.

The board also agreed to continued consideration of future funding and coordination beyond the two-year extension.

"When SHIC was started in 2015, it was with the understanding that it had to show value and return on the investment in order to continue after the five years were done," says Paul Sundberg, SHIC ex-

ecutive director. "Thanks to the hard work of the SHIC Board of Directors and the many people in the working groups, the value has been recognized. That's very much appreciated and it's very good news that the project has been extended for two more years."

SHIC Highlights 2019 Results

There's no question that African swine fever (ASF) required significant resources in 2019, according to the 2019 SHIC Update. However, this did not happen at the expense of continuing SHIC's mission to protect and enhance the health of the U.S. swine herd through coordinated global disease monitoring, targeted research investments that minimize the impact of future disease threats, and analysis of swine health data.

Here are a few highlights from the 2019 report.

1. Preparedness Activities on Behalf of U.S. Swine Herd Health
 - Developed the Diagnostic Assay Catalog for detection of emerging disease
 - Researched priority pathogens porcine circovirus 3, foot-and-mouth disease and ASF
 - Analyzed international transportation biosecurity practices of four U.S. breeding stock companies
2. Monitoring Swine

Disease Transmission Vectors

-SHIC and the NPB co-funded a project analyzing the risk of ASF and classical swine fever being introduced into the U.S. through prohibited swine products by air passengers

-Joined with the American Association of Swine Veterinarians, National Pork Producers Council and NPB to meet multiple times with the Department of Homeland Security Customs and Border Protection to voice concerns about the lack of secondary screening of travelers after declaring contact with foreign farms or animals relating to ASF and FAD threats

3. Improving Transport Biosecurity Domestically

-Investigated the transfer of contamination from livestock trailers to barns during marketing events

-Evaluating if a staged loading procedure will prevent the transfer of swine pathogen contaminated particles from livestock trailers to barns

4. Investigating Common Inputs as Vectors for Disease Introduction

-Kansas State University project improved the half-life calculations of ASF in feed ingredients exposed to transatlantic shipment conditions

-Examined 14 feed additives to determine their ability to negatively affect viral survival and be cost-effective mitigants

-Participated in a feed processor ASF task force to define prevention, detection and response protocols for feed ingredients,

feed manufacture and on-farm feed delivery

5. Improving Swine Health Information

-Continued to support the Morrison Swine Health Monitoring Project which monitors approximately 50% of the U.S. sow herd for economically important pathogens

-Funded a study applying machine-learning to predict porcine epidemic diarrhea virus outbreaks on sow farms

6. Surveillance and Discovery of Emerging Disease

-New variant of porcine sapovirus identified in 2019 and appears to be the first detection of a single porcine sapovirus infection in piglets with diarrhea in the U.S.

-Improvements made toward a nationally coordinated swine health surveillance system to prepare, detect and rapidly respond to emerging and foreign animal diseases were investigated

-Streptococcus equi spp. zooepitocus confirmed in assembly yards resulting in sequenced isolates, developing a species-specific PCR and completing a challenge study

7. Responding to Emerging Disease

-U.S. pork industry created the National Swine Disease Council

-Disease Management of Viral Myelitis webinar with AASV

8. African Swine Fever

-Funded project to report the current knowledge regarding possible ASF strain differences and pathogenicity

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Again, writing from a hotel room because I have spent so much time on the road. This time, I'm in Santa Fe with Joanne VanCoevern, manager of the Santa Fe Trail Association. President Larry Short is here, as is John Carson, Kit's great-grandson and historian at Bents Old Fort National Historic Site. Good company. When we left Kansas a few days ago it was 80 degrees. The day after we arrived, five or six inches of snow fell. We bring the weather with us!!!

(Many years ago, it seemed every time I went to Phoenix there was a tornado, leading them to refer to me as "Dorothy.") As is the case with Philadelphia, we have dear friends in Santa Fe. Randy Egan gave us a great tour of Glorieta Pass Battlefield last time Dr. Jake and I were in town. Western writer Johnny D. Boggs (recent recipient of the prestigious Owen Wister Award) is on our Santa Fe Trail 200 Committee so I plan to take advantage of his talents. And then there

is the incredibly talented artist Thom Ross. Thommy has been my friend for a few years but I admired his work long before we met. I have told him that only two pieces of art knocked me down. The first was the "Yellow Christ" by Gauguin. I saw it at the Chicago Art Institute during the Gauguin Exhibit. It is a moving representation of the French peasants working in the field and saying their prayers at the foot of the cross. Christ is depicted with yellow paint because it is the purest color, the color of light and sun. The second work of art, viewed at the Rendezvous at the Buffalo Bill Center of the West in Cody, Wyo-

ming, was "Nate Champion's Diary" by Thom Ross. I will never forget how shocked I was by his style, by the poignancy of the moment, the urgency, Nate is fighting for his life, his diary tossed on the floor beside him. We don't see the men shooting at him outside this refuge, but we know his time is short. Thom has depicted some of the most historic moments in Western, Civil War, American, and world history. Last year, he took his Black Sox exhibit to Chicago for the anniversary of that sad chapter in baseball history. His painting of the OK Corral and other pivotal moments have graced the covers of books and magazines. He

is, quite simply, one of the most talented artists alive. I cannot wait to hang out with my buddies and cannot wait for Dr. Jake to get caught up so we can both come back and revel in history and friendship. Deb Goodrich is the host

of the Around Kansas TV show and the Garvey Texas Foundation Historian in Residence at the Fort Wallace Museum. She chairs the Santa Fe Trail 200 in 2021. Contact her at author.debgoodrich@gmail.com.

Coffee Shop Meeting scheduled for Feb. 13

Crop Insurance Basics will be the discussion topic at the February 13 Coffee Shop Series meeting, scheduled for 10:30 a.m. to noon at Nelson's Landing in Leonardville. Jason Spellman, with Frontier Farm Credit, will be the featured speaker. This is the third in a series of Coffee Shop Series meetings held every other Thursday this winter through February 27. A panel of local farmers will discuss grazing cover crops at the season's final meeting on February 27. Reservations are requested by noon the day before each meeting. Contact Greg McClure at the Riley County Extension Office (785-537-6350) for more information.

MULTI-PARCEL LAND AUCTION

918 acres +/-
Riley County, Kansas

Tuesday, March 3rd, 2020 at 7:00 pm
Sedalia Church Annex, 6040 N. 52nd St., Manhattan, KS

918 acres +/-, 2 tracts by multi-parcel

TRACT 1 - 323 acres +/-: A tract of land situated in the E½ of the SE¼ of 21-9-7E and all of the N½ of 21-9-7E, Riley Co., KS (brief legal). This tract consists of pasture, hay meadow, timber, stocked pond, spring fed creek, spring tanks and wildlife habitat.

DIRECTIONS: From Hwy 77 and N. 48th St, turn east on N. 48th St. and travel a 1/2 mile to the green gate on north side.

TRACT 2 - 595 acres +/-: All of 16-9-7E except the NE¼ of the NE¼ less a tract containing 4.84 acres, Riley Co., KS (brief legal). This tract consists of pasture, meadows, timber, stocked pond, spring fed creek, spring tanks, wildlife habitat, former home site, three car garage, Butler building with indoor cattle chute, loading shed, pens, overhead bin and waterers. There is electricity and well with rural water available.

DIRECTIONS: From Hwy 77 and W. 59th Ave., turn east and travel 1¼ miles to driveway on the south side.

The entire property is located in the Manhattan Urban Area Comprehensive Plan. It is a prospective low density building development. Contact Riley County Planning and Development for more information.

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118± acres dryland farm
34± acres of pasture
2,132 sqft home with 4 bed/3 baths with 640 sqft detached garage
Pasture area with livestock tank and water well

TRACT 2: 160± acres of dryland farm

TRACT 3: 189± acres of dryland farm and wooded land along Smoky Hill River

INFORMATION DAY:
Tue., Feb. 18th
12 Noon - 2pm
Meet an Auction Representative on Tract 1

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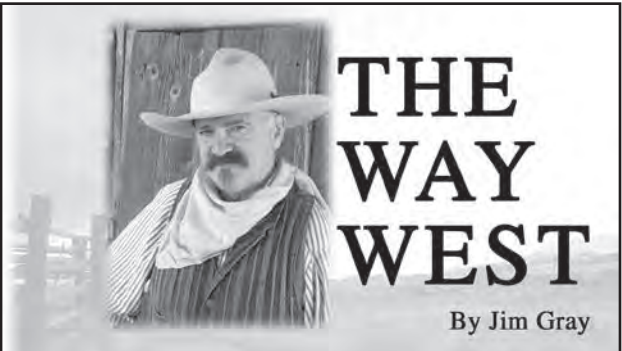
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 142 YW Reg: 19602007 Southern Charm x Resource CED +7 BW +2.1 WW +78 YW +142 MLK +26 SW +78 SB +153	 16 CED Reg: 19605507 Achievement x Extra X CED +16 BW -1.4 WW +63 YW +127 MLK +17 SW +53 SB +147
 EXPLOSIVE SHOW HEIFER Reg: 19599501 Casino x Bismarck/3308 CED +7 BW +1.0 WW +53 YW +91 MLK +34 SW +66 SB +118	 DONOR COW PROSPECT Reg: 19599106 Weigh Up x Bismarck/3308 CED +7 BW +1.5 WW +68 YW +111 MLK +20 SW +68 SB +124



THE WAY WEST

By Jim Gray

A More Urgent Battle

Ellsworth County Sheriff E. W. Kingsbury surprised everyone on the Kansas frontier when he abandoned his post without notice. Ellsworth County Commissioners had no choice but to de-

clare the office vacant at their February 11, 1869, meeting. His absence gave the impression that Ellsworth was just too tough for him.

The notion that Captain Ezra Wolcott Kingsbury

was bullied out of town just did not make sense. He had never shied away from a fight. At age twenty-nine Kingsbury joined the 1859 gold rush to Colorado, becoming a trader. He preferred "mining" his gold from the prospector by selling them trade goods. During the Civil War he organized a company of recruits for the Third Colorado Volunteer Infantry. His outfit arrived at Fort Leavenworth on April 23, 1863, after a march of seven hundred miles. At Benton Barracks in St. Louis the Second and Third Colorado Volunteer Infantry were reorganized on December 19, 1863, as the Second Regiment of Colorado Cavalry Volunteers. Kingsbury's regiment returned west where they scoured the western Missouri border for bushwhackers in a campaign of intrigue and excitement. Kingsbury and his troops never failed to follow them into the brush and timber where others weakened their resolve. Quantrill was said to have complained, "Will nothing ever stop them?"

In September of 1864 Confederate Lt. General Sterling Price invaded Missouri with eighteen thousand troops. As Union General James Blunt's forces were being pushed toward Westport the Second Colorado Cavalry joined Union reinforcements. From that

time forward Kingsbury was involved in virtually every engagement along the Kansas-Missouri border until Price was forced back into Arkansas.

Kingsbury was wounded more than once, but always led the fight. According to the regimental history of the Second Colorado, Captain Kingsbury led bold cavalry charges that thoroughly stunned the enemy at Trading Post, Kansas, and later the same day on the Marais de Cygnes and Little Osage River. At the famous fight at Newtonia, Missouri, "the regiment was in the thick of the fight and materially contributed by its audacious bravery to the splendid victory. Here it formed a part of the 900, who faced ten times their number, stubbornly flung themselves against the foe, and for hours stood like a rock unyielding against the storm of bullets and the hurling tide of battle which fiercely dashed against our meager lines..."

Following the campaign against Price the Second Cavalry was sent west to protect Kansas trails from Indian attack. Their service included escorts of stage coaches and wagon trains as well as scouting for the warrior bands actively disrupting travel. Among the many skirmish-

es, engagements at Point of Rocks, Fort Larned, and Cow Creek were noted in the regimental record. The Second Cavalry, "renowned for its bravery and dash," was mustered out of service at Fort Leavenworth on September 23, 1865.

In May of 1867, in a return to his storekeeping past, Kingsbury built the first structure in the new town of Ellsworth, Kansas. The log store and hotel known as the "Stockade" was quite a landmark in a town where most accommodations were mere "holes" cut in the low bluff rising above the "bottoms" of the Smoky Hill River.

The military presence of Fort Harker just four miles away provided familiar atmosphere and plenty of camaraderie with the boys in uniform. Kingsbury's popularity carried the day in the first county-wide election when he was elected Ellsworth County Sheriff over Wild Bill Hickok of Harper's Magazine celebrity.

As Ellsworth County Sheriff, Captain Kingsbury presided over a collection of frontier misfits that could make most men tremble. The *Leavenworth Daily Conservative* observed that in Ellsworth no "fouler birds ever congregated around the putrid carcass of a departed

ox than those which frequent and tenant the brimstone scented dens of this modern Sodom." In the early months of existence Ellsworth had no marshal. Kingsbury, with the help of two township constables, was expected to keep tough characters under control in a town where "Men kept their hands on their pistols."

Kingsbury's exploits were well-known even if his private life may not have been as evident. The wild life of the frontier was not the place to raise a family. Unknown to the denizens of Ellsworth, his wife, Celia, and three children were at home in Kansas City. When the Captain left town in early 1869, no one seemed to know that Kingsbury's four-month-old son was dreadfully ill. When his son died on March 21, 1869, his course in life changed direction. Captain E. W. Kingsbury didn't run away from the fight when he left Ellsworth. A more urgent battle required his attention away from "foul birds" and "town toughs" on The Way West.

"The Cowboy," Jim Gray is author of the book *Desperate Seed: Ellsworth Kansas on the Violent Frontier*, Ellsworth, KS. Contact *Kansas Cowboy*, 220 21st RD Geneseo, KS Phone 785-531-2058 or kansascowboy@kans.com.

LAND AUCTION

SATURDAY, FEBRUARY 22, 2020 — 10:00 AM

Republic School Building — REPUBLIC, KANSAS

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Thriving Across Generations: Succession Planning in Rural Kansas

Planning for the future is vital and families must take steps to ensure assets for the next generation. To support Kansas families through the process, K-State Research and Extension is partnering with

Fort Hays State University - Small Business Development Center to host a "Thriving Across Generations: Succession Planning in Rural Kansas" program on Wednesday, March 11 from 5:30 to 9:00 p.m. The

event will be at the Fort Hays State University Memorial Union, 700 College Drive in Hays.

The featured speaker for this event is Rick Feltenger, regional director at the FHSU Kansas Small Business Development Center. Participants will also choose one of three breakout sessions. Farm succession planning will be led by Roger McEwen, professor of agricultural law and taxation at Washburn University's School of Law. Tom Byler with both Emporia State University and Washburn SBDCs will discuss Small Business Succession. FHSU's Tony Gabel will speak about estate plans for farm families.

The early registration of \$20 per person includes a meal and an estate planning notebook. Register online; early registration is due by March 9. Registration of \$30 will be accepted at the door and includes a meal and materials. For questions, call the Cottonwood District Extension office at 785-628-9430.

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ON THE EDGE OF COMMON SENSE

Mormon Boys

That they would find each other would have been as unlikely to predict as the fall of communism or the good sheep market. She was old and a lifelong Southern Baptist.

They were young and on a mission for the Mormon Church.

A requirement of good 'Mormonism' for young men is to serve as a missionary for the church for

two years. They are expected to go door to door wherever they are sent and spread the gospel of the Latter Day Saints (LDS), also called Mormons.

Now if you think that's easy, put yourself in their place. You are eighteen years old, often from a rural background, no car, in a strange place, wearing a dark suit and tie, riding a bicycle and knocking on a stranger's door. As you know, many who open that door and find out you are 'peddling religion' are not friendly.

They knocked on her door one day and explained their purpose. She said, "Well, I'm teachin' our home Bible class." They excused themselves and left. Later she said to her husband, "I'll never turn those boys away again."

Eventually they came back down her street and she said what she says to everybody that's ever knocked on her door, "Have ya eaten yet?" Well, for two boys a thousand miles from home and batchin', nothin' sounded

sweeter.

For the next eight or ten years, the boys "stationed" in her little Oklahoma town beat a steady path to her door. They overlapped each other every few months and each new missionary was taken to meet Uncle Leonard and Aunt Effie.

Many of these boys were country-raised and homesick, I'm sure. They are not allowed to call home except Mother's Day. Effie and Leonard were retired farmers, both in their 80s and sure knew how to cook for hungry boys. They played Skip Bo, ate fried chicken and peach cobbler, helped her with her garden when Leonard became unable, sang while she played on the piano and found an oasis from the pressure.

Uncle Leonard passed away, and when Aunt Effie was havin' health problems, I visited her in the hospital. She talked about her Mormon boys. Her face lit up. It was obvious how much they meant to her. Some were still writing to

her and the new ones were still coming by checkin' on her.

I'm sure they discussed religion, but as Aunt Effie told 'em, "Yer out walkin' the streets for your Jesus, He's my Jesus, too, and that's more than most religious folks do. I'm proud of you."

She saw their need and filled it the only way she knew how. She offered them kindness. And if you ever questioned that passage, "It is more blessed to give than receive," you should have seen her face when she talked about her Mormon boys.

I don't know if they're better Mormons or she's a better Baptist for knowing each other. And I don't know if the leaders of the Southern Baptist convention and the Elders of the church of the Latter Day Saints would approve. But I do know that the human race is a little better species because these two took the time to appreciate one another as people.

www.baxterblack.com

LAND AUCTION

TUESDAY, FEBRUARY 18, 2020 — 10:30 AM

Goff Community Center, 1723 KS-9 in GOFF, KANSAS 66428

321.02± Acres in S20, T04, R14 in (Southeast) NEMAHA COUNTY, KANSAS

Check out these loamy soils minimizing erosion on 6-12% slope!

- 103 acres of bottom soils in row crop.
138 acres of fenced grass w/spring-fed water mixed with 80 acres of excellent cover/wildlife habitat.

Property Location: From paved W Rd, take 64th Road West 2 1/4 miles.



Search for "321.02" at www.BarnesRealty.com for aerial video and detailed brochure download

Agent: Lynn Hennigan, 785-285-1208
1711 Oregon St, Hiawatha, KS
Broker: Rickey L. Barnes

LAND AUCTION

THURSDAY, FEBRUARY 27, 2020 — 6:00 PM

AUCTION LOCATION: 401 Main St., American Legion Post 308, FLORENCE, KANSAS 66851

SELLER: CIRCLE 7 RANCH (Jerry & Micki Siebert)
519± Acres of Flint Hills Pasture and Wildlife in 2 Tracts in CHASE COUNTY

BRIEF LEGAL: E/2 NW/4, W/2 NE/4, SE/4 lying north of the road in S12-T21-R05E and the SW/4, W/2 SE/4, E/2 NW/4 lying south of the river less ROW in S01-T21-R05E in Chase Co, Ks (Tract 1 - 349.45± ac, Tract 2 - 170± ac)

Located just a half mile west of Cedar Point, KS on 130th. If you enjoy the Flint Hills, you will want to take a look, these tracts have a lot to offer! A good stand of native and mixed grass for quality cattle grazing, nice elevation changes you associate with the Flint Hills, wooded draws with lots of wildlife, good water with natural springs, and the secluded feeling you have while on the property. Located between the Cottonwood River & Cedar Creek Valley, the timbered draws are a haven for the deer & turkey, just watch the video of whitetail bucks and water fowl on our website. This is quite a diverse property, the best of both worlds!

See website for full listing & photos: GriffinRealEstateAuction.com
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Selling Cattle every Monday Hog Sales on 2nd & 4th Monday of the month only!

RECEIPTS FOR THE WEEK TOTALED 5,650 CATTLE.

Table with columns for weight ranges (300-400, 400-500, etc.), price ranges, and counts for STEERS and HEIFERS across various locations like Ellsworth, Hillsboro, etc.

TUESDAY, FEBRUARY 4, 2020 WEAN/VACC SALE:

Large table listing cattle for sale including location, weight, and price. Includes sub-headers for STEERS and HEIFERS.

THURSDAY, FEBRUARY 6, 2020:

Table listing cattle for sale on Thursday, February 6, 2020, with columns for location, weight, and price.

Livestock Commission Co., Inc. Salina, KANSAS

SALE BARN PHONE: 785-825-0211
MONDAY — CATTLE • HOG SALE 2nd & 4th MONDAY
Hogs sell at 10:30 a.m. on the 2nd & 4th Monday of the month. Cattle at 12:00 Noon. Selling calves and yearlings first, followed by Packer cows and bulls.

THURSDAY — CATTLE ONLY
Selling starts at 10:00 a.m. Consign your cattle as early as possible so we can get them highly advertised.

AUCTIONEERS: KYLE ELWOOD, BRANDON HAMEL & GARREN WALROD
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FARMERS & RANCHERS HAS SWITCHED BACK to Cattle USA.com for our online auctions.

It's time to start thinking about getting your horses consigned to the MAY SPRING SPECTACULAR HORSE SALE. Deadline is March 1st to consign. Contact Farmers & Ranchers for any information.

Table listing cattle for sale including location, weight, and price. Includes sub-headers for STEERS, HEIFERS, and COWS.

EARLY CONSIGNMENTS FOR THURSDAY, FEBRUARY 13, 2020
22 Black str & hfrs, home raised, weaned November 5 800 lbs.; 60 str & hfrs, home raised, long time weaned, 600-700 lbs.; 150 Black str & hfrs, long time weaned, vacc, home raised, strictly hay fed, 500-700 lbs.; 33 steers, weaned 45 days, 500-700 lbs.; 18 str & hfrs, bunk broke, vacc, 600-700 lbs.; 25 str & hfrs, home raised, long time weaned, vacc, 600-700 lbs.; 35 str & hfrs, home raised, long time weaned, vacc, 550-650 lbs.; 60 Steers, 850-900 lbs.; 150 black str & hfrs, homeraised, long time weaned, off Rye, 700-900 lbs.; 325 black str & hfrs, home raised, longtime weaned, GREEN, 550-750 lbs.

EARLY CONSIGNMENTS FOR TUESDAY, FEBRUARY 18, 2020 COW SALE
HEIFERS:
• 20 Red Angus, heavy bred, big & fancy
• 35 Black, home raised, Start March 1st, Bred Benoit Angus bull son of Confidence Plus
COWS:
• 3-5 yr old Angus cows bred to Angus bulls, calve February 20 for 70 days
• 50 Hereford Cows 3-8 yrs, bred Angus, mostly 3-4 yrs
• 38 Black/BWF cows 3-8 yrs, heavy bred, bred to Hereford bull - son of HH Advance, (dispersal of Black cows)
• Black/BWF older cows, bred Angus/Hereford, March 6th calve
• 55 Black/BWF older cows, Bred Angus/Hereford, March 6th calve
• 26 red & blk cows 7-8 yrs bred McCurry Angus, February-March calvers
• 15 Black cows 4 yrs, pairs or short bred
• 40 Black cows 5-6 yrs, Gardiner Genetics, March/April calvers
• 40 Black cows 9 yrs Gardiner Genetics bred March/April calvers
• 28+28 Black pairs 5-8 yrs, Angus calvers
• 5+6 Black/BWF pairs 4-6 yrs one cow has twins, calves weigh 250-350 and work this Fall. Cows exposed to black bull around Thanksgiving

UPCOMING SALES:
SPECIAL COW SALES: SALE STARTS at 11 AM
• Tuesday, Feb. 18 • Tuesday, March 17
• Tuesday, April 21 • Tuesday, May 5
WEANED/VACC. SALE: SALE STARTS at 11 AM

IN STOCK TODAY:
• Heavy Duty Round Bale Feeders
• 6'8" x 24' GOOSENECK STOCK TRAILER METAL TOP
• 6'8" x 24' GOOSENECK STOCK TRAILER
• 42' ROUND BALE DUMP TRAILERS
• HEAVY DUTY FEED BUNKS (Silage & Grain)
• HEAVY DUTY 5000# GRAIN TOTE

For Information or estimates, contact:

Mike Samples, Sale Mgr., Cell Phone 785-826-7884
Kyle Elwood, Asst. Sale Mgr., Cell Phone 785-493-2901
Jim Crowther 785-254-7385
Lisa Long 620-553-2351
Cody Schafer 620-381-1050
Kenny Briscoe 785-658-7386
Kevin Henke H: 785-729-3473, C: 785-565-3525
Austin Rathbun 785-531-0042
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