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GRASS&GRAIN





Growing wheat is one thing, knowing how its quality affects end products is another. That was the subject of a recent IGP Institute training session held in

### State, national reps get first-hand look at milling processes during recent IGP Institute training Justin Knopf has a pretty

good idea of the quality of wheat he grows each year on his Salina, Kansas farm.

What he didn't fully understand was how the wheat that leaves his farm becomes the high quality flour or other product that consumers want.

Knopf was one of 16 people representing five state and national wheat organizations who recently participated in a three-day training session at the IGP Institute, located on the north end of the Kansas State University campus.

Shawn Thiele, interim associate director of the IGP Institute and curriculum manager for flour milling and grain processing, said the course gave participants an in-depth look at the six U.S. wheat classes and how each affects the milling and baking processes, and flour quality.

"It has been valuable for me to see how the quality of wheat that I raise on my farm affects the miller and baker and the products they make for their customers,' said Knopf, who is also vice president of Kansas "I now have a better un-

derstanding of, and appreciation for, what wheat goes through after it leaves my farm, the complexity of the

milling process, and the science that goes into milling and baking.'

Portions of the course included work at the Hal Ross Flour Mill and K-State's Shellenberger Hall milling and baking labs. Thiele said the IGP Institute offers many customized grain processing and flour milling courses yearly, as well as training in feed manufacturing and grain quality management; and grain marketing and risk management.

For more information on upcoming training opportunities, visit www.grains.kstate.edu/igp.

### **Topeka Farm Show to** observe 30th anniversary Three decades of a great farm show will be celebrated January 8-10 as the Topeka

Farm Show kicks off its 30th anniversary show. The show that began in 1989 has remained committed to serving full-time agriculture producers and has grown to include more than 300 exhibitors occupying over 600 booths. From big iron to independent companies, agriculture's many facets are well represented. The show runs from 9 a.m.-5 p.m. Tuesday, 9 a.m.-8 p.m. Wednesday and 9 a.m.-4 p.m. on Thursday. Parking and Also featured will be daily horsemanship clinics and free health care programs.

Inside this issue you will find ads from some of the businesses who will exhibiting

Through the years the Topeka Farm Show, brought to you by Tradexpos, has become one of the premier farm shows in the Midwest, and this year promises to be better than ever as the latest products and services are on full display. So mark your calendars and plan to attend the Topeka Farm Show at the Kansas Expocentre January

### Sustainable farms need healthy operators stresses specialist

By Cindy Williams

Unpredictable weather, falling net farm income, spotty health care services and a host of other factors can make for incredible stress on farms and in rural communities. Many of the factors causing sleepless nights are beyond an individual's control, yet there are often ways to manage the stress, according to North Dakota State University family science specialist Sean Brotherson.

"People will power through even if they don't feel well," said Brotherson, speaking at a recent K-State Research and Extension workshop in Manhattan. "There's a cost to that. You can't put your health or relationships on the back end for long without consequences."

The most important asset of any agricultural operation is the health and wellness of the farm operator, said Brotherson. "Sustainable farming includes sustaining the farmer." he said.

Farming and ranching ranks in the top 10 of the most stressful occupations. That stress can lead to depression, anger, health concerns, failed marriages, loss of friendships or relationships with family members, alcohol or substance abuse

"When we talk about farm safety, we often talk about accident prevention but we tend to neglect talk about mental and emotional health," Brotherson said, adding that's a mistake.

He knows about the topic firsthand. His own family went through a decision to sell their part of the family ranch to an uncle and cousins after his father became ill. It made financial sense, he said, but having his side of the family give up their role in the business was in some ways giving up part of their identity and their role in the family farm legacy.

The way we think about and approach stressors makes up 40 to 50 percent of our stress, Brotherson said, noting that if people believe there will be a rough road ahead from an economic standpoint, the

conditions this year, expeccontinue to stay relatively disruptions linked to tariffs, and upticks in interest



North Dakota State University family science specialist Sean Brotherson spoke at a K-State Research and Extension workshop in Manhattan about the importance of tending to the health and well-being of agriculture producers. Photo by Donna Sullivan

Despite the overall U.S. economy booming, the farm economy has been in a slump the past several years: "This great economic condition is not translating into a good farm economy. Many farmers are very good at what they do, yet some still find themselves in situations that they can't control," Brotherson said.

Net farm income, a broad measure of profits, is forecast to decrease \$9.8 billion (13.0 percent) from 2017 to \$65.7 billion in 2018, after increasing \$13.9 billion (22.5 percent) in 2017, according to an August report from the U.S. Department of Agriculture's Economic Research Service.

Net cash farm income is forecast to decrease \$12.4 billion (12.0 percent) to \$91.5 billion. In inflation-adjusted 2018 dollars, net farm income is forecast to decline \$11.4 billion (14.8 percent) from 2017 after increasing \$13.0 billion (20.3 percent) in 2017.

If realized, inflation-adjusted net farm income would be just slightly above its level in 2016, which was its lowest level since 2002.

The situation is taking a toll, Brotherson said. Some feel extra pressure because their farm has been in the family for generations and they don't want to be the one to lose it.

"Stress signals are like the warning lights blinking on your truck's dashboard," Brotherson said. "We often want to ignore them but at some point there is a price to pay - a heart attack, broken relationships, depression or worse. You maintain your car to keep it running properly. You have to maintain your health,

So what to do: coping strategies include things that help you unwind, Brotherson said. Listen to music at least some of the time, rather than farm news, political ads, or other news. Take a walk, garden, meditate, watch a movie, or schedule regular social time with friends. One participant shared that her brother who farms has for years gone into town to play basketball several times a week.

Other suggestions in-

\*Exercise at least 20 minutes a day-walk, bicycle or swim.

\*Get at least seven to eight hours of sleep.

\*Take time every day to reflect on good things in your life.

\*Write your thoughts in a journal.

\*Spend 30 minutes doing something with your

or restart a hobby or activity that you once enjoyed. \*Reach out to some-

\*Learn something new

one for support or help-a friend, a counselor, a loved

\*Volunteer to help with a cause that's important to

\*Do random acts of kindness.

Extension has teamed with

K-State Research and

NDSU's Brotherson to share resources linked to farm stress management including a tip sheet (https;// www.bookstore.ksre.ksu. edu/pubs/MF3421.pdf). In addition, K-State programs such as the Farm Analyst program (https://www.agmanager.info/programs/ ksu-farm-analyst-program), Kansas Agricultural Mediation Service (https://www.k-state.edu/ kams/) and Kansas Farm Management Association (https://www.agmanager. info/kfma) are available to

work with rural enterpris-

es. K-State Research and

Extension offices (/about/

stateandareamaps.html)

in counties and districts

across the state can help

link individuals with these

and other resources.

### Public hearing scheduled January 9 for proposed industrial hemp regulations A public hearing will be conducted at dRegs. Written comments can be submit-

10:00 a.m. Wednesday, Jan. 9, 2019, to ted prior to the hearing at that webpage consider the adoption of proposed regu- as well. lations for the Industrial Hemp Research Program. The hearing will be held in room 124 on the first floor of the Kansas Department of Agriculture, 1320 Research Park Dr. in Manhattan.

Due to the passage of SB 263 by the 2018 Kansas Legislature, KDA is proposing the promulgation of new rules and regulations relating to the creation of the Industrial Hemp Research Program as authorized by the Alternative Crop Research Act, K.S.A. 2018 Supp. 2-3901 et seq. K.A.R. 4-34-1 through K.A.R. 4-34-21.

The regulations can be found at the KDA website, agriculture.ks.gov/Propose-

All interested persons may attend the hearing and will be given the opportunity to express comments orally on the adoptions of the proposed regulations during the hearing. In order to give all parties an opportunity to present their views, it may be necessary to request that each participant limit any oral presentation to five minutes. Persons who require special accommodations must make their needs known at least five days prior to the hearing. For more information, including special accommodations or a copy of the regulations, please contact Ronda Hutton,

### Kansas Food Bank to benefit from trade relief program

The U.S. Department of Agriculture is designating \$12 billion to aid farmers as part of its trade relief

Most of that money will go directly to farmers hurt by the trade war with China and other countries, but \$1.2 billion will be used to buy surplus food.

That food will go to places like the Kansas Food Bank, where it's then distributed to food assistance agencies across the state.

"We are the warehouse, and (our partners) are like the individual arms," said Kansas Food Bank President Brian Walker.

Those partners include more than 700 temporary emergency food assistance programs in Kansas. Fresh milk, fruit, pork,

beef and chicken are products the Kansas Food Bank and its partners - and, ultimately, those in need rarely see.

Walker said he won't get into the politics behind the surplus goods. But he said anytime there's "bonus

product," especially of high quality, he's happy about it.

"It's good food," Walker said. "You know, liquid dairy or fresh dairy is one of those things food banks don't see a lot of. Having the ability to distribute that and get fresh milk in the hands of folks is something that we struggle to do because it's perishable and it's expensive.

"Being able to have chicken, beef, and pork and those kinds of things included in your mix of dry goods - whether that be corn or whatever's in that program - just helps us provide a better meal, and cost effectively do it." The Kansas Food Bank

serves more than 215,000 people annually in 85 counties across the state. 'There's folks that are

struggling every day to put food on their table," Walker said. "This product goes to those folks.

thought of what might be coming can produce anx-Current obvious cause of stress have been drought tations that crop prices will low, the potential for trade

### Serious Stewardship

By John Schlageck, Kansas Farm Bureau Some people have the

mistaken idea that farmers and ranchers are harming our environment. You hear it everywhere: at the coffee shop, church, public forums, even in the grocery store where people buy the food farmers and ranchers produce for

Children arrive home from school and tell parents about harmful practices farmers are using on the land. It's easy to understand why folks think the way they do about today's agriculture.

Few businesses are as open to public scrutiny as a farm or ranch in the United States today. While farming and ranching practices occur in the open where anyone can

see, the only picture many have of agriculture is what they read in newspapers or see on television. Even fewer people have set foot on a modern farm. The fondest wish of

most farmers and ranchers is to pass their land on to their children. They work years to leave a legacy of good land stewardship. Most farmers learned about conservation and respect for the land from their parents. Today's farmers and

ranchers are doing their part to protect and improve the environment. They use agricultural practices including early planting, pest control, good soil fertility, conservation tillage and many other innovations that help grow more food while protecting the

Farmers adjust practices to meet individual cropping conditions. Such practices can vary from farm to farm - even from field to field. As in any other busi-

ness, farmers and ranch-

ers must manage their operations on a timely basis and use all the technology available to improve quality and productivity. If they don't, they will not be able to stay in business Today's farmer has cut chemical usage by approximately 40 percent in many

cases during the last couple of decades. Many no longer apply chemicals before planting. Instead, as the crop matures, farmers gauge potential weed pressure and apply herbicides only if needed. Throughout the growing season, farmers do

their best to provide nutritious food. From planting through harvest, they battle weather, weeds, insects and disease. Efficiency is their best defense against change including unstable

world markets, political barriers and fringe groups who may attack their farming methods yet know little about this vital profession.

Ted and Lisa Guetterman own and operate a 1,100-acre row crop farm in Miami and Johnson counties. Ted represents the fourth generation to farm and care for the land in far eastern Kansas. He and Lisa have four sons. One has returned to the farm, and the others continue to learn about the farm and conservation as they grow. The family's farm includes amylose and waxy

corn, soybeans and soft winter wheat. Ted also feeds approximately 400 head of steers each year. Throughout the past 35 years Ted's family integrated new practices, converting to drills, planters and sprayers equipped with GPS to become more efficient and 100 percent no-till. Ted and Lisa identified

soil erosion as a major concern in all their fields so the family built miles of terraces and waterways. Ted also assists his landlords and other farmers in the construction of similar conservation practices.

Cropland isn't the only focus for conservation for the Guettermans. Their livestock pens are designed so all runoff is directed to the grass filtering strips. The use of cover crops on the farm improves soil health, water infiltration and reduces erosion, all while providing feed for the cattle to The couple is passion-

ate about taking part in programs that will benefit the land. They have enrolled in the Conservation Reserve Program, the Environmental Quality Incentives Program, Carbon Sequestering and the Conservation Stewardship Program. The Guettermans were honored as the Natural Resources award winners at the recent Kansas Farm Bureau annual

Yes, farmers and ranch-

ers like the Guettermans and their counterparts across Kansas must live in the environment they create. They can and will do more to improve their environment. They can continue to rely less on herbicides, insecticides and fertilizers.

Agricultural producers can also conserve more water, plug abandoned wells, monitor grassland grazing and continue to implement environmentally sound techniques that will ensure preservation of the land.

In the meantime, farmers and ranchers will continue to take their stewardship seriously. They've devoted their lives to safeguarding their farms and families, while providing us with the safest food in the world.

John Schlageck is a leading commentator on agriculture and rural Kansas. Born and raised on a diversified farm in northwestern Kansas, his writing reflects a lifetime of experience, knowledge and passion.

### USDA launches new program to create high speed internet e-connectivity in rural America

Sonny Perdue has announced that the United States Department of Agriculture (USDA) is offering up to \$600 million in loans and grants to help build broadband infrastructure in rural America. Telecommunications companies, rural electric cooperatives and utilities, internet service providers and municipalities may apply for funding through USDA's new ReConnect Program to connect rural areas that currently have

service. Answering the Administration's call to action for rural prosperity, Congress appropriated funds in the fiscal year 2018 budget for this broadband pilot program. USDA Rural Development is the primary agency delivering the program, with assistance from other federal partners.

"High-speed internet e-Connectivity is a necessity, not an amenity, vital for quality of life and economic opportunity, so we hope that today rural communities kick off their rural broadband project planning," Perdue said. "Under the leadership of President Trump, USDA has worked to understand the true needs of rural communities facing this challenge so we can be strong partners to create high-speed, reliable broadband e-Connectivi-

USDA will make available approximately \$200 million for grants (applications due to USDA by million for loan and grant combinations (applications due May 29), and \$200 million for low-interest loans (applications due by June 28).

Projects fundedthrough this initiative must serve communities with fewer than 20,000 people with no broadband service or where service is slower than 10 megabits per second (mbps) download and 1 mbps upload. Approved projects

must create access speeds

of at least 25 mbps upload and 3 mbps download. Priority will be awarded for projects that propose to deliver higher-capacity connections to rural homes, businesses and farms. USDA seeks to stretch these funds as far as possible by leveraging existing networks and systems without overbuilding existing services greater than 10/1 mbps.

Evaluation include connecting agricultural production and marketing, e-Comeducation facilities. Previous research by USDA has demonstrated that high-capacity broadband is critical to all aspects of rural prosperity, including the ability to grow and attract businesses, retain and develop talent, and maintain rural quality of

To help customers with the application process, USDA is holding a series of online webinars and regional in-person workshops. The full list of upcoming public webinars and workshops can be found at the ReConnect Program's resource portal at reconnect.usda.gov.

In April 2017, President Trump established the Interagency Task Force on Agriculture and Rural Prosperity to identify legislative, regulatory and policy changes that could promote agriculture and prosperity in rural communities. In January 2018, Perdue presented the Task Force's findings to President Trump. These findings included 31 recommendations to align the federal government with state, local and tribal governments to take advantage of opportunities that exist in rural America. Increasing investments in rural infrastructure is a key recommendation of the task force.



It's hard to believe but 2018 is already in the rear-view mirror. It was, for the most part, a difficult year with weather calamities, trade woes and never-ending challenges, but it is now history and we survived it. I am pretty sure that it will be one of those years we talk about for many years to come and one that I don't mind ushering out the door. Good or bad it did seem to fly by and a speed at which I find alarming. It's funny how each year goes by more quickly than the

In any case, 2018 is now in the history books and 2019 is a blank, clean slate. The trade issues have not been fully resolved and the weather is continuing its manic mood swings, but I think I share the same outlook as many of you, and that is one of optimism. Sure, things in the world of agriculture are not rosy and pretty but the sense of hope that each of us approach the new year with is what keeps us going.

I have many hopes for a better 2019, at some point we all know the ag economy will turn around and the promise of better days seems to be on the horizon. The weather is a complete unknown, but last year was so extreme that it makes me thing that this year will be closer to normal, whatever that is. As I told Dad when we finished harvest in December, I hope this is one of those years I tell my grandkids about. The weather in 2019 must be better. I have not done New Year's Resolu-

tions in many years; I always say that my New Year's Resolution is to not make a resolution. However, this year, in hope of making a clean slate, I think some goals are in order. First, I resolve to be more patient. My patience has always been my Achilles heel - too many things to do and not enough time for things to not go right. I will work at having more patience with everything in my life be it animal or mechanical and especially with my family. I would guess they fully expect this one to be history on January

My health is my second resolution. I have not always been the most diligent when it comes to taking care of myself, I don't even have a doctor. My excuse is that I don't have time to get a check-up,

eating right is something I will do tomorrow, and those aches and pains will go away on their own. I don't have time to be sick. When you write it down, that all seems kind of silly and alarmingly dumb. I resolve to take better care of myself and to get acquainted with a new doctor. I would guess that my family won't have a lot of faith in me on this resolution also, but they will give me until the end of January. Third, I will try to say "no" a little

more often. Those of you who know me know this will be the one that is the hardest to do. I don't know what is wrong with me, I commit to too many things and struggle to get them all done. It is time that I focus on the priorities in my life and let some things go. I would guess my family will give me until January 3rd maybe the 4th on this one.

So in review, I resolve to be more patient, healthier and prioritize my time. Nothing too lofty here; they should be a snap to achieve. After all, how hard could it be for me to get my life in order? The reality is that just like everyone else, life will set in and I will lose my patience with man, machine or beast and probably all three soon after the New Year starts. I will come up with all kinds of excuses to go off my diet and run out of time to go to the doctor. I am also sure that my phone will ring shortly after the first and someone will ask me to help with something and without thinking I will agree to do it. The truth about New Year's resolu-

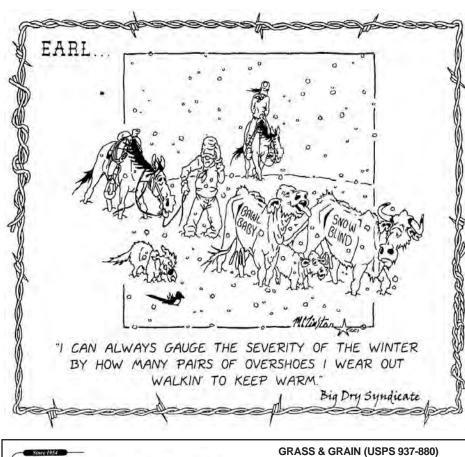
tions are that they are goals and things we need to do better. They shouldn't be easy, and we should always be a work in process. Failure one day or one time should not be a reason to abandon them but a reminder to work harder. Of course, like making those resolutions, saying we will stick with them is easy now and very difficult later. I hope you will go into 2019 with the

resolve to make your life better, that you will see the good in everything and appreciate the blessings around you. I hope your year is successful and profitable but most importantly I hope you are surrounded by family and friends. 2018 is history and 2019 is ahead, and my hope is

for a great year for each of you.



"I was in snow deeper than this in Montana when the wind changed to the south and I swam my hoss plumb to Wyoming!"



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Page 3 Grass & Grain, January 1, 2019 K-State animal science students win undergraduate research awards

Four Kansas State University students earned \$1,000 scholarships during the undergraduate research symposium hosted by the Department of Animal Sciences and Industry.

The symposium is held each year to highlight the undergraduate research in the department during the just-completed semes-

The scholarships were awarded based on a combination of students' scientific abstract, poster and presentation of data. The four winners this year

Keayla Harr, Jeromesville, Ohio

Lilli Heinen, Olathe Mary Markland, Overland Park

Yu Shin Wang, Taichung City, Taiwan.

The symposium and the scholarship awards were sponsored by the Dr. Mark and Kim Young Undergraduate Research Fund, held in the department.

Department officials note that undergraduate research is an opportunity for students to perform in-depth study, gain transferable skills, develop critical thinking and problem-solving abilities, define academic and professional interests, and form relationships with mentors, professors, and other students.

The program gives students the opportunity to work with ASI faculty and graduate student mentors on a project that is rewarding and helps them prepare for their next goals.

"Undergraduate research helps students understand the value and constraints of data," said



Winners of the K-State Department of Animal Sciences and Industry Undergraduate Research Symposium pictured, from left are: Dr. Mark Young, sponsor, Agency, Mo.; Keayla Harr, Jeromesville, Ohio; Lilli Heinen, Olathe; Mary Markland, Overland Park; Yu Shin Wang, Taichung City, Taiwan; and Evan Titgemeyer, K-State ASI Interim Department Head.

Cassie Jones, coordinator of undergraduate research in the department. "Whether they go on to graduate school, return to the ranch, or venture into industry, these students will use data every day to make decisions. An undergraduate research experience helps them understand how to value that data during the deci-

sion-making process and will help make them more successful animal scientists."

Six K-State students will be presenting their research at regional or national meetings.

In addition to the award winners, students in a meat science course focused on the effects of quality grade influences on the beef top sirloin cap (biceps femoris) eating quality; and students in the meat goat nutrition classed focused on evaluating the impact of varying protein source and acid source on feedlot goat growth and carcass traits.

Students conducting the research in the meat

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Students in the meat goat nutrition class were Ashley Craig, Elizabeth Donaldson, Erika Ewing, Addison Gauthier, Jay Henry, Mary Markland, Hannah Miller, Allianna Mitchell, Taylor Mortsolf, Joel Nelson, Madeline

Neufeld, Abbey Pentz, Mia Pentz, Madison Pflughoeft, Ashley Royce, Shelby Smith, Eric Valenzuela, Mikaela Weeder and Hsuan-Wei Wu.

Five other students, each in separate classes, also showed their work at this year's symposium. They are Ashley Hartman, Cameron Hayden, Linnea Rimmer, Miranda Stubbs and Alexander Sevart.

Those interested in sponsoring future programs, or just wanting more information, can contact Jones at 785-532-5289, or jonesc@ksu.edu.



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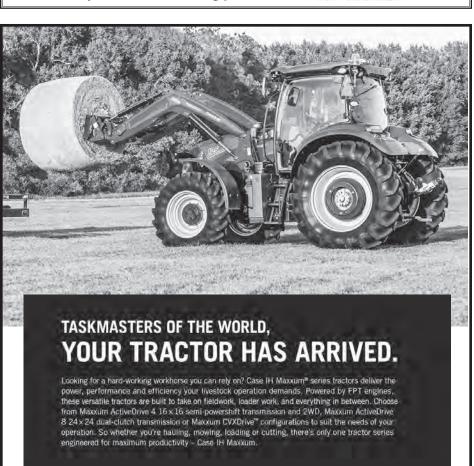
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This Week's Grass & Grain Recipe Contest

Winner Is Nancy Rhodes, Abilene Winner Nancy Rhodes, Abilene:

CABBAGE & SPAGHETTI

- 4 tablespoons butter
- 4 tablespoons flour 2 cups milk
- 8-ounce package grated American cheese
- 1 teaspoon salt 4 cups shredded cabbage
- 1 1/2 cups cooked spaghetti, broken into small pieces

Preheat oven to 350 degrees. In a saucepan combine butter and flour; stir over low heat until well-blended. Add milk and cook stirring constantly until smooth and thick. Add cheese and salt. Continue cooking until cheese melts. In a greased 2-quart casserole, place cabbage and spaghetti in alternate layers. Pour cheese sauce over. Bake at 350 degrees for 1 hour or until cabbage is tender.

Kellee George, Shaw-

**MEATBALLS** 1 pound hamburger 1 pound sausage

1/2 cup milk

1/2 teaspoon red pepper flakes, crushed 2/3 cup rice

2 teaspoons salt 1/3 cup finely chopped onion

1 can tomato soup

1 can water hamburger, Combine

sausage, egg, milk, rice, salt, onion and red pepper. Mix thoroughly and shape into small meatballs. Put into a 9-by-13-inch baking pan. Cover with 1 can soup and the water. Bake 1 hour at 350 degrees. Turn meatballs in sauce at least once while baking. Darlene Thomas, Del-

**CRANBERRY BARS** 3/4 cup butter, softened

2 cups sugar 3 large eggs

2 cups flour

1 teaspoon almond extract

2 cups coarsely chopped

cranberries Slivered almonds, toasted

Preheat oven to 350 degrees. Spray a 9-by-13-inch

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curate and instructions are clear. 2. Be sure your name, address and phone number are on the entry. Please include a street address with your recipe entries. A post office box number is not sufficient for prize delivery. Allow 3-4 weeks for delivery.

3. Send it to: Woman's Page Editor, Grass & Grain, Box 1009, Manhattan, KS 66505. OR e-mail at: auctions@agpress.com

baking pan with nonstick cooking spray; set aside. In a large bowl beat the butter and sugar for 5 minutes with an electric mixer. Add the eggs and beat for 2 more minutes. Add the flour and almond extract and mix to combine. Spread the batter in the prepared pan and sprinkle with the cranberries. Bake for 40 to 45 minutes or until toothpick comes out clean. Sprinkle the toasted slivered almonds on top. Return to the oven and bake for another 5 minutes or until the nuts are golden. Cool completely in the pan. Marilyn Sommers, Sil-

**CORN PUDDING** 

### 1 can cream corn

- 1 can whole kernel corn
- 2 eggs 1/2 cup melted butter
- 1/2 cup sour cream 1 box Jiffy corn muffin mix
- Preheat oven to 350 degrees. Spray casserole pan with nonstick spray for easy cleaning. Mix all

ingredients together and pour into pan. Bake for 1 1/2 hours. \*\*\*\*\* Carolyn Peterson, Coun-

cil Grove:

EGG CASSEROLE 3 cups bread cubes

- 3 cups grated Cheddar cheese 3/4-pound bacon (cooked &
- drained) 2 cups cubed ham (option-
- 1/3 cup melted butter
  - 5 large eggs
  - 3 cups milk  $1\,1/2$  teaspoons dry mustard
- 1/2 teaspoon salt
- 1/4 teaspoon pepper Spray a 9-by-13-inch

pan with nonstick cooking spray. Layer: bread cubes, cheese, bacon, ham, butter. Beat eggs, milk, seasonings and pour over all and bake at 300 degrees for 1 1/2 hours.

Linda Kepka, Dorrance:

### OATMEAL CHOCOLATE **CHIP CAKE**

- 1 cup oatmeal
- 1 3/4 cups boiling water
- 1 cup brown sugar
- 1 cup sugar 1/2 cup margarine
- 2 eggs 1 3/4 cups flour
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1 tablespoon cocoa
- 12 ounces chocolate chips,

Pour boiling water over

oatmeal. Let stand 10 minutes. Add brown sugar, sugar and margarine; then

eggs. Mix flour, baking soda, salt and cocoa; add to other mixture. Stir in half of the chocolate chips. Pour into 9-by-13-inch pan. Sprinkle remaining chocolate chips on top. Bake for 40 minutes at 350 degrees.

> Lydia J. Miller, West-**CHINESE**

### LETTUCE SALAD

- 1 large deboned chicken breast, cooked & cut in strips
- 1 head chopped or shredded lettuce
- 3 green onions 1 small package slivered

almonds

- 1 small can chow mien noo-
- **Dressing:**
- 4 tablespoons vinegar
- 4 tablespoons sugar
- 2 teaspoons Accent powder 1/2 cup salad oil
- 1/2 teaspoon pepper Salt to taste

Combine chicken strips. shredded lettuce, green onion and almonds. Combine dressing ingredients and mix well. Just before serving add 1/2 can chow mien noodles and toss with salad dressing. Garnish with remaining noodles.

Jackie Doud, Topeka: FRENCH ONIONS SKILLET 1 pound ground beef

- 1 small onion, diced 2 1/2 cups beef broth

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1 cup uncooked white rice 1 package Lipton onion soup mix

1/2 cup grated Gruyere

Heat a 12-inch skillet and add beef and onion. Cook until done. Drain. Stir in rice, broth, onion soup mix. Heat to boiling: reduce heat to simmer. Cover and cook 15 minutes stirring half way through until rice is tender. Remove skillet from stove. Stir in cheese: cover and let stand 2 minutes until melted.

Evelyn Biswell, St. Marys: "This is one of the best fudge recipes!" CHOCOLATE NUT

**FUDGE** 1 tablespoon plus 1 cup but-

ter, no substitutes 4 cups sugar

1 cup milk

32 large marshmallows 2 cups milk chocolate chips

- 2 cups semisweet chocolate chips 2 squares (1-ounce each) unsweetened chocolate,
- melted 1 to 1 1/2 cups chopped nuts 1 1/2 teaspoons vanilla

Butter a 9-by-13-by-2-inch pan with 1 tablespoon butter; set aside. In a large heavy saucepan combine sugar, milk and 1 cup butter. Bring to a full boil over medium heat: boil for 2 minutes, stirring constantly. Remove from the fire. Stir in marshmallow until melted. Add chocolate chips and stir until chips are melted. Add nuts and vanilla. Spread into prepared pan. Cool for 1 hour at room temperature. Cut into squares. Store in an air-tight container in

NOTE: I use either 2% or whole milk. I cut the marshmallows in half.

Rose Edwards, Stillwa-

the refrigerator. Yield: 5

ter, Oklahoma: SWEET CHICKEN

pieces Flour 1/4 cup butter

8 1/4-ounce can sliced pineapple, diced

2 tablespoons brown sugar 1 tablespoon vinegar

1 teaspoon salt 1 1/4 cups water 1 1/2 cups minute rice, un-

cooked

large skillet. Drain pineapple reserving 1/4 cup syrup; dice pineapple. Combine syrup, brown sugar and vinegar and pour over chicken. Turn chicken skin side down. Cover and simmer 20 minutes. Push chicken to sides and add salt, water, rice and pineapple; stir just to moistened. Bring to a boil, cover and simmer 5 minutes or until rice is done.

brown well in butter in a

Edwards, Kimberly Stillwater, Oklahoma: CRANBERRY MAPLE **CHICKEN** 

2 cups fresh or frozen cranberries

3/4 cup water 1/2 cup sugar

6 boneless skinless chick-

en breast halves 1/2 teaspoon salt

1/4 teaspoon pepper

1 tablespoon oil

In a small saucepan combine the cranberries, water and sugar. Cook over medium heat until berries pop, about 15 minutes. Sprinkle chicken

with salt and pepper. In a large nonstick skillet cook chicken in oil over medium heat until juices run clear, 4-5 minutes on each side. Stir syrup into cranberry mixture. Serve with

STUFFING PATTIES 2 large eggs

1/4 teaspoon pepper 2 cups leftover mashed potatoes

2 cups leftover stuffing 2 tablespoons butter

2 tablespoons oil In a large bowl whisk eggs, onion and pepper. Stir in potatoes, turkey and stuffing. In a large skillet heat butter and oil over medium-high heat. Working in batches, drop potato mixture by 1/2 cupfuls into pan and press to flatten slightly. Fry on each

minutes. Drain on paper

towels.

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1/4 cup maple syrup

tablespoons finely chopped onion

2 cups leftover chopped cooked turkey

2 1/2 pounds frying chicken

side until golden brown and heated through, 4-5

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### When You Are Full: Ways To **Keep Yourself From Overeating**

By Cindy Williams, **District Extension** Agent, FACS

Have you ever been in that awkward situation where you're full, but there's still some food on your plate not enough to save for leftovers, but too much to toss without feeling wasteful – so you end up eating the whole thing?

Researchers have been there, too. A September 2015 review from the University of Cambridge confirmed something we've guessed for a long time: people eat more when they're offered larger portions sizes, both at home and at restaurants. But if portion sizes were smaller, U.S. adults would eat 22 to 29 percent less each day, the researchers estimated.

Unfortunately, restaurant and grocery portions may not shrink for a while - or ever – which leaves you in charge of your own overeating destiny. Here are some ways to help with overeating:

1. Don't worry about getting your money's worth. When it comes to eating at a restaurant, many of us think volume equals value, says Bonnie Taub-Dix, MA, RDN, CDN, author of Read It Before You Eat It. "When you think about it, if you eat the whole thing and really stuff yourself, then your kind of paying for it twice: You pay for your meal with money, but the you pay for it later on with perhaps a stomach ache and extra weight."

2. Make mindless eating more difficult. When

95s, 99, 1902s; Trade \$ inc. 187

other people are still eating and you're finished, it's easy to continue picking at what's on your plate even though you're not hungry any more. "When you're done, put your silverware in your plate. Not on your plate, but literally in your plate so the handles are touching whatever food is left." Taub-Dix says. "It's not very likely you'll take them out, clean them off and start eating again."

3. Avoid family-style situations. Family-style dining can be dangerous; Taub-Dix says. Instead of having a feat within reach, make sure it takes effort to get seconds. "Keep the food in the kitchen or on the counter, or even put food on your plate and wrap the rest up and put it away before you even sit down to eat." she says. "A great thing to do in restaurants is ask them to put half your meal in a to-go box - then you won't even be tempted. You're not going to dip into the part they already wrapped up and eat out of a paper bag."

4. Take time to really enjoy your food. Answering email, watching TV and talking on the phone all prevent you from fully enjoying your meal and cause you to focus on the activity instead of the food that's in your mouth, Taub-Dix says. "You really miss out on a lot, from the texture and temperature to the beauty of the food."

5. Eat on smaller plates. Investing in smaller plates to limit

inc. 1798 & 1800; Gold inc

prisingly helpful when it comes to eating less. "Also, it's more than just how you fill your plate, even if it's small - it's what you fill your plate with. Add more salad and vegetables, and spread it out so there's less room for foods that are denser and vou don't need as much of." Taub-Dix says.

portion sizes can be sur-

6. Be especially careful around certain foods. It's very easy to overeat foods that come in big quantities. "Pasta dishes, chips, salty pretzels: Not because it doesn't fill you, but because it's served big. When you have something like pasta with shrimp, you can count the amount of shrimp, but restaurants put them on a mountain of pasta or rice because it's so inexpensive and makes it look big.

7. Reconsider the color of your dishes. Multiple studies have found that people who eat off of red plates eat significantly less than those who eat off of blue or white plates. Odd? Yes. Worth a try? Maybe.

8. When you do want a huge plate of food, choose wisely. Go with salad, Taub-Dix says. "Be careful with dressings and toppings some salads are costly calorie-wise. But in all the years I've been in practice, I've never seen a patient overweight from eating too many vegetables."

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### **OLD-FASHIONED** SUGAR COOKIES

By Ashleigh Krispense Sugar cookies, peanut

blossoms, orange cookies, peanut butter balls... All of these are favorites that line Grandma's kitchen counter every Christmas season. After all of the festivities, they go back in their containers to sit in the back closet for whenever grandkids come up to visit in the next few days and want a sweet snack! While this isn't her exact recipe, it's fairly close and oh, so good! It came from a 1958 "Complete Christmas book", but has been changed somewhat. Now, instead of 3 to 4 hours of chill time, it's been reduced to 35 minutes!

Cookies:

1 cup (2 sticks) butter, softened

1 1/2 cup sugar 3 eggs

Icing:

1 teaspoon vanilla

3 1/2 cups flour 2 teaspoons cream of

tarter 1 teaspoon baking soda 1/2 teaspoon salt

1/2 cup (1 stick) butter, softened 1 teaspoon vanilla

2-3 cups powdered sugar Water



er the butter and sugar until light and fluffy. Add the eggs, one at a time. Stir in the vanilla and then add the dry ingre-



Once you have everything mixed together well, wrap the dough in plastic wrap and place in the freezer for 30 min-



On a lightly floured surface, roll the dough out to 1/4-inch thick. Cut with cookie cutters and then place on a greased cookie sheet. Stick the cookie sheet in the freezer for 5 minutes. Bake at 375 degrees for 6 to 8 minutes.

After cookies have cooled, mix together the butter and vanilla for the

frosting. Gradually add in the powdered sugar and water. The amount of water vou'll need will vary based on how thin you like your frosting. Separate the frosting into thirds and add in some red and green food coloring.



Frost the cookies and sprinkle. Let the frosting set up and enjoy! Ashleigh is a freelance

writer and blogger for her website, Prairie Gal Cookin' (www.prairiegalcookin.com). She shares everything

from step-by-step recipes and easy DIY projects, to local history, stories, and photography from out on the farm in Kansas.

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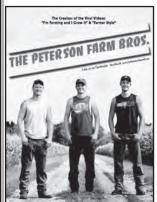


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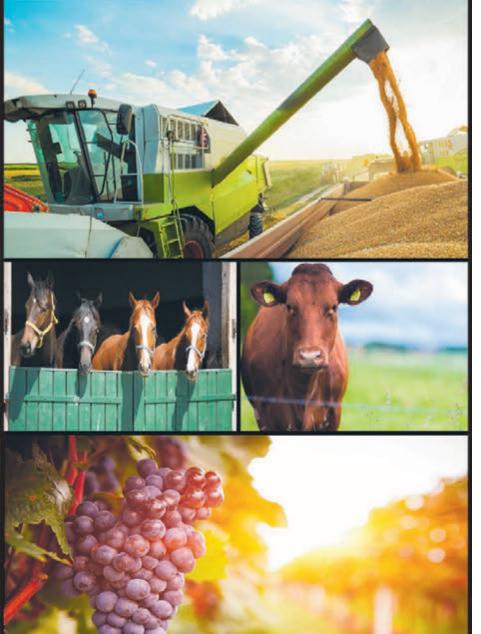
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CAB president John Stika told the story of the branded beef company's start at the National Angus Convention and Trade Show in November.

# From one cattleman's idea to a global brand – CAB celebrates 40 years

By Nicole Lane Erceg

It's a Cinderella story that never seems to grow old. An Ohio Angus breeder went out to eat and ordered an Angus steak that turned out terrible. The experience sparked an idea for a certified brand of beef that would be enjoyed 40 years later, in the U.S. and 50 other countries around the world.

The story was recounted from the main stage at the National Angus Convention and Trade Show, in Columbus, Ohio in November. John Stika, Certified Angus Beef LLC president, also told of challenges overcome to achieve a 2018 sales record of 1.212 billion pounds sold.

"Just like rungs on a ladder, this brand continues to build on itself," he told the crowd.

Focusing on the last decade of the brand, he reminded breeders that while the graphs for demand and sales move up and to the right, the growth happened during challenging years on the ranch. Drought, an economic crash and tight cattle supplies presented enormous hurdles, but the brand's numbers consistently got better

tter. "It speaks directly to your willingness and ability as Angus breeders to supply the demand that is out there for premium beef and the Certified Angus Beef brand around the world," he said.

Records can't be set without an increasing supply of qualified cattle. Accomplishing the 2018 CAB sales required 5.18 million carcasses, a 14% increase over 2017.

"If you look back 10 to 12 years, you see during that period we were qualifying about 2 million cattle per year," he said. "Today we're certifying 100,000 head each week."

In 2008, CAB represented less than 10% of the fed cattle inventory. That same year, USDA Select accounted for one-third of all fed cattle harvested. Ten years later the brand accounts for 18.5% of the nation's fed cattle while Select has declined to 17.5%.

The shift translates to added value for beef producers. Packers pay producers \$1.4 million per week in premiums for cattle that meet the brand's 10 science-based specifications representing one of the best marketing incentives available.

es available. Driving dollars back to the ranch wasn't always this easy — or this profitable. It took nine years from the date the brand began before the the first premium was realized. The 20-year total for CAB grid premiums is about \$700 million, more than half of which has been paid in the

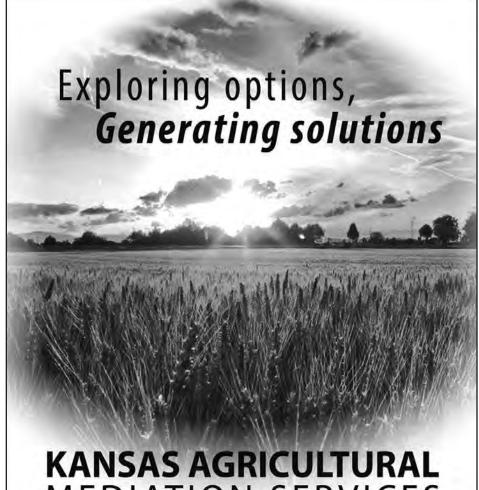
last seven years.

"We've aligned our business more closely to the needs of consumers," he said. "Along the way, we've created a more sustainable future for all of us." Stike shared.

us," Stika shared.

Looking to the future, he said continued success hinges on the brand's ability to build on consumer trust. Initiatives on the horizon include elevating the relevance of brand resources and services for both producers and end users and enhancing the brand experience for consumers.

"What's exciting is that I don't believe this brand has arrived," Stika said, casting the vision for what's on the horizon for CAB. "We've just reached a 40-year milestone. There is more to capture, more to accomplish, more demand to build and more pull-through dollars to feed back into production agriculture."



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Grass & Grain, January 1, 2019

Kansas Commodity Classic to be held on January 24 in Manhattan invited to the Kansas Commodity Classic on Thursday, January 24, 2019.

The Kansas Commodity Classic is the annual convention of Kansas' top crops - corn, wheat, grain sorghum and soybeans, and will take place at the at the K-State Alumni Center, Manhattan, Kan., with registration and breakfast beginning at 7:30 a.m. Thanks to the generous support of the Kansas corn, wheat, grain sorghum and soybean associations and their sponsors, registration is free for farmers and friends.

The Kansas Classic will be emceed by Greg Akagi, farm editor for WIBW. The morning session will open at 8:30 a.m. with welcome remarks. Elected officials have been invited to give updates on the new farm

All Kansas farmers are bill and other pertinent issues affecting Kansas farmers.

Also, on the day's agenda is a weather outlook from Meteorologist Ross Janssen from KWCH in Wichita, and a Farm Bill Panel will include Robin Reid, Extension Associate in Kansas State University's Department of Agriculture Economics, and Kansas FSA Director

David Schemm. Matt Roberts end the day with a presentation on "Marketing Times." He is an agricultural economist at The Kernmantle Group, a commodity risk management and education consulting firm in Columbus, Ohio. He frequently speaks on grain, petroleum and biofuels markets, and is also an active consultant to the commodity industry.

The Kansas Commodity Classic is hosted by the Kansas Corn Growers Association, Kansas Association of Wheat Growers, Kansas Grain Sorghum Producers Association and Kansas Soybean Association. Industry sponsors at the platinum level are Kansas Soybean Commission, Bayer CropScience, Kansas Department of Agriculture, Corteva and Syngenta. Sponsors at the silver level are AgriGold, Ag Risk Solutions, AgroLiquid, Central Valley Ag,

Wednesday, January 9, 2019 • Topeka

Maner Conference Center

Fairbanks Scales & Perten Instruments, Farmers Business Network, K•Coe Isom, Midland Genetics & Polansky Seed and Kansas Sustainable Agriculture Research and Education.

Thanks to these generous platinum and silver-level sponsors, the

includes a complimentary breakfast and lunch; however pre-registration is requested for food count purposes.

Page 7

Visit www.kansascommodityclassic.com to reg-





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(SW 17th St. & SW Western Ave.) No registration fees, thanks to the soybean checkoff! 8:30 a.m. Registration & exhibits Welcome 9 a.m. 9:15 a.m. Kansas Soybean Commission partner updates Oklahoma Department of Transportation waterways program North Central Soybean Research Program 10:15 a.m. Keynote address - Bob Farmer, Farmers' Almanac 11:30 a.m. Luncheon (limited seating in Heritage Hall) Master of ceremonies – Tom Brand, executive director, National Association of Farm Broadcasting Featured speaker - Rep. Lynn Jenkins (invited) Awards & recognitions, including 2019 Young Leaders Kansas Soybean Association Annual Meeting 1:30 p.m. Kansas Soybean Yield & Value Contests results K-State Research & Extension updates 2 p.m. "Increasing the Rate of Genetic Gain for Yield in Soybean-breeding Programs" – Bill Schapaugh, Ph.D., soybean breeder "Dicamba: A Look Back & a Look Ahead" -

> assistant professor of agricultural economics Reception

3:45 p.m.

Meet Kansas Soybean Association & Kansas Soybean Commission leaders

Dallas Peterson, Ph.D., weed-science specialist

http://KansasSoybeans.org/expo • 877-KS-SOYBEAN (877-577-6923) Preregister by Jan. 2, 2019, to guarantee your seats at lunch

"Soybean Price Outlook: How Low

for How Long?" - Joe Janzen, Ph.D.,

& be eligible for the early-bird prize drawing. The Kansas Soybean Expo is a project of the Kansas Soybean Association,

the voice & advocate for Kansas' 15,000 soybean farms, with checkoff funding from the Kansas Soybean Commission.

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### **Crop Insurance** and 2018 Farm Bill informational meeting to be held January 11 Farmers and ranchers are currently experiencing one

of the biggest downturns of crop commodity prices in history - with many parallels to the 1980s. Planning for the future is critical for the short-term viability of the farm business, but also for the long-term growth and sustainability of the farming legacy.

K-State Research and Extension, River Valley and Post Rock Districts, are hosting a meeting: "Crop Insurance and the 2018 Farm Bill," on Friday, January 11, in Belleville at Astra Bank (1205 18th Street). The program begins at 10:30 a.m. and will conclude at approximately 2:30 p.m. Lunch will be provided.

This program will feature K-State Research and Extension Ag Economist, Dr. Art Barnaby. He will provide in-depth, practical information on Crop Insurance, as well as the 2018 Farm Bill and how to optimize both to fit the needs of your operation.

There is no cost for the program and a meal will be catered thanks to various ag-business sponsors in the area. Registration is requested online at www.rivervalley. ksu.edu or www.postrock.ksu.edu. You can also contact any offices of the River Valley (Belleville, Clay Center, Concordia, or Washington) or Post Rock (Beloit, Lincoln, Mankato, Osborne or Smith Center) Extension Districts to make a reservation.

Join them for an extensive discussion on the "ins and outs" of crop insurance and highlights from the 2018 Farm Bill.

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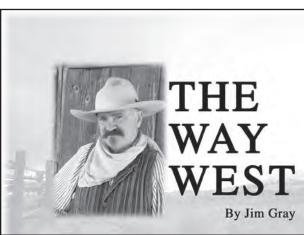
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### A Desperate Predicament

Early in January, 1882, Thomas Howard of St. Joseph, Missouri, wrote a letter to his cousin, Clarence Hite at Adairville, Kentucky. Howard was the assumed name for James... Jesse James. Jesse was concerned that one of his gang members, Dick Liddil, was about to betray him. Clarence Hite wasn't just family; his mother was a sister to Jesse's father.

Jesse's suspicions were more ominous than he realized. Events had already begun to unravel from the web of conflict that surrounded the famous outlaw and his family. Jesse, his brother Frank, Charley Ford, Frank Liddil, and Clarence and "Wood" Hite robbed a train at a place called Blue Cut, near Independence, Missouri.

The gang traveled east to lay low at the Hite place in Kentucky. Uncle George and Aunt Nancy Hite had provided sanctuary for the James boys since their early days. When things got too hot for Jesse and Frank in Missouri, they moved to Nashville, Tennessee. Nashville was just a short ride south of Hite's Kentucky home

Kentucky home. Jesse James' story is a story of family, beginning with the courting of Zee Mimms. Jesse's father and Zee's mother were brother and sister, making the happy couple first cousins. In 1864 Jesse was critically wounded in the right breast "just above the nipple." He was taken across the Missouri River to a small Kansas inn operated by John and Mary (James) Mimms. Guided by Dr. J. M. Ridge of Kansas City, nineteen-year-old Zee nursed Jesse back to health. A year later Jesse was back with another serious wound. During his second mending Jesse and Zee were secretly engaged

to be married.

family gathered for the marriage at the home of Zee's sister in Kearney, Missouri. But before the evening ceremony could be performed a warning of the approach of hard-riding detectives from Liberty, Missouri, broke up the ceremony. Jesse slipped out to his horse in the neighbor's barn. Zee was hidden under the ticking of a big feather bed.

When the detectives entered the home, Jesse charged out of the barn making as much noise as possible. The detectives galloped into the dark, but far from the wedding party Jesse doubled back to his bride. In the early morning hours of April 24, 1874, Zerelda (Zee) Amanda Mimms and Jesse Woodson James were married before dashing away on their honeymoon.

Newspapers across the United States were calling Missouri "The Bandit State." Missouri Governor Silas Woodson offered rewards with little result. One month before the wedding on March 23, 1874, Governor Woodson proposed the formation of a "secret police force" to bring the wanted men to justice. But the failure of his detectives to capture Jesse James at his wedding ceremony proved to be a great embarrassment to the governor. Whether he was aware of it or not Governor Woodson was the distant cousin of Jesse Woodson James going back to colonial Virginia.

The Woodson name was revered in the James family, coming down through Jesse and Frank's great grandmother Elizabeth Woodson. Robert Woodson was Elizabeth Woodson's great grandfather and Governor Woodson's great-great grandfather. Unfortunately for Governor Woodson, his proposal to bring the "bandits" to

justice failed. Jesse outlived Governor Woodson's political tenure, but the fate of another cousin would soon have dire consequences.

"Wood" Hite carried the famous Woodson family name. His full name was Robert Woodson Hite. About the first of December, 1881, near Richmond, Missouri, "Wood" and Dick Liddil joined Bob Ford in the home of Ford's widowed sister, Martha Bolton. Over breakfast "Wood" accused Liddil of taking more than his share from the Blue Cut train robbery, although some stories say they argued over Martha's affections. Pistols were drawn and as the room erupted in gunfire Bob Ford calmly drew his pistol and put a bullet through "Wood's" head. His body was wrapped in a horse blanket and buried nearby in a shallow grave.

Fearing retribution from Jesse James, Bob quietly planned to strike first. Meeting with Missouri governor Thomas Crittenden, Bob agreed to help capture Jesse and Frank James. Late in January, 1882, Frank Liddil quietly surrendered to authorities without public knowledge.

Bob and Charlie Ford moved in with Jesse, seemingly to plan a new robbery. Sunday April 2, 1882, Jesse was surprised to read an account of Liddil's surrender in the newspaper. The Ford brothers understandably became nervous, considering that Liddil and Bob Ford were

Grass & Grain, January 1, 2019 great friends. Would Jesse hear on Tigure them out? "The C

When Jesse stepped up on a chair to straighten a picture on the wall, Bob recognized his opportunity for deliverance from his desperate predicament. The click of the pistol was the last sound Jesse Woodson James would ever

hear on The Way West.

"The Cowboy," Jim Gray
is author of the book Desperate Seed: Ellsworth, Kansas
on the Violent Frontier, Executive Director of the National Drovers Hall of Fame.
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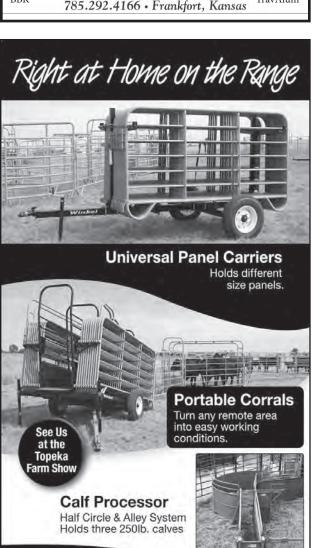
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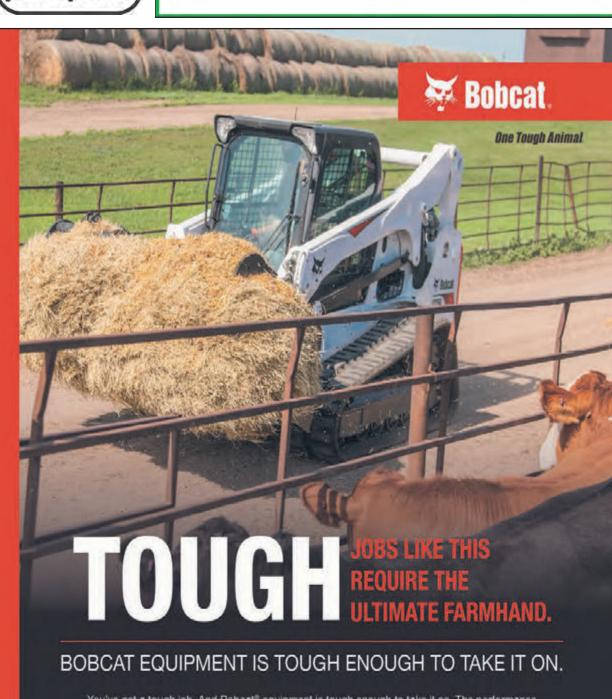
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Grass & Grain, January 1, 2019 Women in Agriculture Series AROUND KANSAS

### to be held in Belleville ment, Developing Equita-

The Women in Agriculture Educational Series is open to all ladies involved in agriculture in any way. The program is designed to provide information and training on a wide variety of farm management topics that cater directly to farm women. Participants are provided a comfortable environment where they feel free to ask questions and learn critical skills.

Women with any level of experience in farm management or with any degree of farm involve-



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### GRASS&GRAIN

Call 785-539-7558 or visit us ONLINE at www.grassandgrain.com ment are invited to attend; there is something for everyone to learn. You must sign up to attend the entire series. Sessions will be held on Thursdays, beginning February 21st, from 3:30 to 8:30 p.m. at Astra Bank Basement Meeting Room (1205 18th Street, Belleville). Topics include:

Session 1- February

21st: What type of gal are you? (personality profile), Telling Your Ag Story Session 2- February

28th: Ag Marketing and Risk Management, Cost of Production, Global Ag Economy Session 3- March 7th:

Produc-

Horticulture tion, Soil Health/Cover Crops, FSA, and NRCS **Programs** Session March

14th: Quick Books for Farm Record-keeping, Working with your Lender Session 5- March

Changing Hands: Your Legacy, Their Future 6- March Session

21st: Farm Succession-

28th: Livestock Manage-

ble Leases The last session will

also be open for family members of participants to attend at no additional cost. Registration for the series will continue until a maximum of 25 participants is reached. You must register to reserve your seat. Please contact any River Valley Extension District office for more information or to register. The Belleville Office can be reached at 785-527-5084. Sponsors that have

made this educational series possible include: K-State Research and Extension, Citizens National Bank, AgMark LLC, Kansas Crossroads RC&D, Nelson Seed Sales, FMSI, Republic County Farm Bureau, Astra Bank, Farm Bureau Financial Services, Reinke, Nesika Energy, and Polansky Seed. A special thank you goes out to the organizing committee of Rebecca Frerking, Tatum Couture, Bethany Swafford, Katelyn Durst, Chandra Stuchlik, and



best. This year, Dr. Jake took one of his old cowboy boots, red leather, cut the top off it and made me a wine caddy. This speaks to me on

so many levels. It is now among my most prized possessions. One year, when I was

an especially poor single mother back in Virginia/North Carolina, I had very little to spend for my daughter's Christmas. Among my friends there were many "horse traders" - but mostly they traded anything but horses. Cars, car parts, plumbing parts, produce, guns anything under the bright blue sky, and some blue sky, too. There were nunies and thus, somehow semis full of who-knowswhat also ended up at the local auction houses. So my friend from Fancy Gap bought a semi

full of 36" dolls... the dolls many of us received for Christmas as little girls. They were blonde, blueeyed, or brown-eyed brunettes, all with the same rosy cheeks. These poor dolls were naked, and somehow, he managed to sell these to local shops who would use them as mannequins or dress them and sell them as dolls.

He gave me one.

I scrounged through my material scraps - silks, satins, brocades, trims. I made her pointed brocade

slippers and a white satin dress with some kind of odd head gear and called her a Russian Snow Prin-

I had no idea if Russia had a snow princess or what she might look like if they did, but I made an elaborate costume,

I was embarrassed; I took this doll that came out of the macabre cargo of a semi and scraps of fabric and only hoped it would become something special. I loved reading the history of Russia and often told my daughter stories from a land with which I had no connection, only a fascination.

I put the homemade princess under the tree Christmas morning. To this day, my daughter said it was one of the best gifts she ever received. That's exactly how I feel about my cowboy boot wine caddy.

Deb Goodrich is the host of the Around Kansas TV show and the Garvey Historian in Residence at the Fort Wallace Museum. Contact her at author.debgoodrich@ amail.com.

### **Crownline Hay Beds**



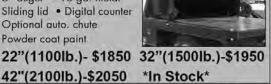


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### AgManager site offers wide array of resources for agriculture producers section includes resources link to the Kansas Custom By David G. Hallauer,

**Meadowlark District** Extension agent, crops & soils/horticulture

A number of years ago, the K-State Ag Economics Department updated their website to create a onestop shop for the many resources coming out of their department. That work led to the creation of a new website: www.agmanager. info . As the name implies, the website is designed to be a clearinghouse of information, reports, and even tools to help agricultural producers manage their operations.

The Land and Leasing

to assist producers looking at land leasing and even purchase decisions. It includes links to Kansas Agricultural Statistics Service information as well as papers on everything from how to calculate an equitable lease to templates you can use to design one. KSULease is the name given to a spreadsheet tool that tenants and landlords can use to determine what an equitable share lease arrangement might look Trying to figure out how

much to charge or pay for some custom work? A

Rates publication is available, as are budgets for the major crops grown in Kansas put together with help from KSU Specialists and the Kansas Farm Management Association. Want to determine whether you should stop paying for custom work and purchase a piece of machinery? The site even has tools to help you evaluate those options. Want market analysis?

Dan O'Brien provides regular grain market updates. Glynn Tonser does the same for livestock enterprises.

A new Farm Bill was

just signed. Unsure of what it might entail, but not interested in sorting through the entire bill? A recently updated paper outlines some of the changes in ARC and PLC programs, as well as crop insurance and conservation sections. Rest assured, it will be updated frequently as more information is learned about exactly what is included in the bill.

Economics isn't always the most fun topic to spend time on, but it is an important one. Check out www. agmanager.info and see if these tools and papers can help make sense out of what can often be complicated. Don't want to try and fight a website or can't figure out where what you are looking for might be located? Don't hesitate to contact me at a District Office or e-mail me at dhallaue@ksu.edu . I would be happy to help you find what you are looking for.



# **Topeka Farm Show Special**

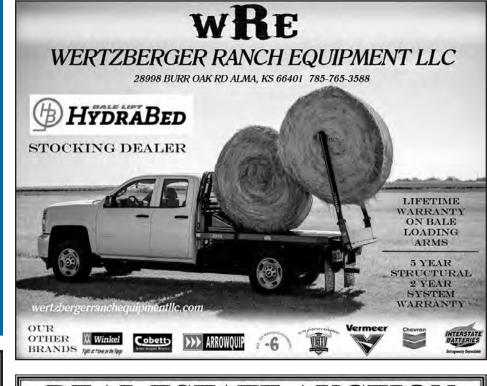
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### REAL ESTATE AUCTION **Betty Montgomery**

Located at Effingham City Building Feb. 2, 2019 10AM

414 Main St.; Effingham, KS THREE SEPARATE TRACTS FOR SALE: TRACT # 1: A tract of land in the West 1980 feet

of the NE/4 of 18-7-17 containing 4 acres more or less containing all improvements. Legal will be determined by a survey at seller's expense TRACT # 2: The West 1980 feet of the NE/4 of 18-

7-17, excepting Tract # 1, TRACT #3: The NE/4 of 13-7-16.

Tracts 1 & 2 will be sold separately and then placed together TERMS: 10% down at contract signing with the balance paid within 30 days Property will sell "As Is". Seller reserves the right to accept or reject any or all bids. Announcements day of auction take precedence over printed materials. Possession will be the day of closing. Copy of contract may be previewed at Broker's website.

PROPERTIES DESCRIBED: TRACT # 1: A four acre tract to be described by survey including a

two story frame home with 3 bedrooms, 1 bath; a cement block barn with frame roof and silo. TRACT # 2: Approximately 113 acres, containing 70 tillable acres, balance of acreage in timbered land. FSA DCP cropland is 61.27

acres. Base acres are 26.08 Corn and 35.19 SBeans. PLC yields are 104-Corn and 33-SBeans. MPCI APHs-Corn-131; SB-43. TRACT # 3: A legal 160 acre farm. Composed of 119 acres of cropland with balance in grass and wooded creek areas. FSA DCP crop-

land is 118.97 acres. Base acres are 50.53 Corn and 68.2 SBeans. PLC yields are: 104-Corn and 33-Soybeans. MPCI APHs-Corn-152: LOCATIONS- Tracts # 1 & 2: 1 mile South and 1/2 mile East of

Larkinburg, KS; Tract # 3: 1 mile South of Larkinburg, KS Auction conducted by: Stranger Creek Realty; 417 Main, Effingham, Ks. For questions call: 913-833-4835 or email cap@caplingers.com Photos and more information available at: http://www.caplingers.com



1-5: Huge building material auction, new kitchen cabinets, granite counter tops, interior & exterior doors, windows, hardwood and tile flooring, lumber, lighting, sinks, appliances & more); selling 1-6: Two estates seized from Riley Co. Police Dept. & KDOR including stump grinder. furniture, household, antiques, collectibles, vehicles, jewelry & more) all held at Manhattan. Auctioneers: Ruckert Realty &

January 5 & 6 — Estate real estate (house) & personal property including appliances, vehicles, mower, motor scooter auction at Salina for James Mullen. Auctioneers: Wilson Realty & Auction Ser-

January 8 — Real Estate Auctions: (1) 3 BR/1.5 BA home w/114 acres of pasture & cropland; (2) 3BR, 2BA walkout rancher with 124 acres of pasture & cropland held at Lyndon. Auctioneers: Sanders Auctions, Coldwell Banker Griffith & Blair, Inc., Jim

January 9 — 312 acres m/l of Marshall County farmland, grass, hay

ground, waterways & timber held at Frankfort for Kennedy Trust. Auctioneers: Joe Horigan Realty & Auction.

January 10 — 567 acres m/l of grassland in Pottawatomie County, 3 tracts by multi-parcel held at Randolph. Auctioneers: Gene Francis & Associates, Real Estate Brokers

Bred Cow & Heifer Sale held at Beatrice, Nebraska

including copper coins, foreign, proof sets, Buffalo nickels, dimes, wheat cents & more high grade coins held at Portis. Auc-

January 12 — Advertising, signs, vintage toys, lots of collectibles, candy containers, JD pedal tractor, die cast tovs & much more at Benton. Auctioneers: Sundgren Auction, Jeremy & Joe Sundgren.

January 12 — Signs & collectibles including toys, glassware & more at Salina for Bob Thorup. Auctioneers: Thummel Real

January 12 — Vehicle, trailer, lanterns, cast iron items, knives, 1900s Match Book Collection, wood planes, collectibles & primitives at Lawrence for Darrell Shuck Living Estate. Auctioneers: Elston Auctions, Mark Elston & Jason Flory.

January 12 — Consignment horse sale, selling horses, ponies, and donkeys in Garnett, Kansas.

Auctioneers: Ratliff Auctions.

January 13 — Furniture, collectibles including an original patent applied automatic drop corn planter with papers & much more at Salina. Auctioneers: Thummel Real

January 13 — Furniture, glassware, tools, household, etc. at Osage City. Auctioneers: Wischropp Auctions.

tate, 3BR/2BA home & 12 acres held at Osage City. Sanders Auctions, Jim Sanders, Coldwell Banker Griffin &

lighted signs & clocks, advertising signs inc. 70+ porcelain, flange double sided, single side porcelain & more, collectibles inc. pedal tractors, advertising oil cans of all sizes, coin banks, 40+ vintage sports felt pennants held at Lawrence. Auctioneers: Elston Auctions.

January 24 — Real Estate: 852 acres m/l of Cowley County all highly productive ground sold in 3 tracts held at Douglass. Auctioneers: SunGroup, David Sundgren, Kellie Nesmith.

clocks & furniture, collectibles & misc., calendars, 100s of pieces of vintage glassware & more at Lawrence for Howser Estate. Auctioneers: Elston Auctions, Mark Elston & Jason

ing, juke box & coin op machines, clocks, thermometers, antiques furniture & collectibles, tools & more at Salina for Duff Dolton. Auctioneers: Thummel Real Estate & Auction,

January 26 — 240 acres m/l of Nemaha County farmland, pasture & timber w/wildlife habitat held at Corning for Clarence J. Hochard Trust. Auctioneers: Cline Realty & Auction, LLC.

February 3 — Art & Indian collectibles inc. oil paintings, woodblocks & lithographs by Prairie print makers & Kansas artists & more, advertising & collectibles held at Salina. Auctioneers: Thummel Real Estate & Auction,

February 9 — Farm toys & related collectibles, mostly John Deere at Osage City for Ed & Mina Slusher. Auctioneers: Wischropp Auctions.

February 16 — 391.3 acres m/l Marshall County land held at Waterville for Freida Niemeier Trust. Auctioneers: Midwest Land and Home, Jeff Dankenbring.

February 16 — Vehicles, tractors, machinery, collectibles & more held South of Hunter at Ash Grove, KS for Phyllis & Tony Cheney Estates. Auctioneers: Thummel Real Estate & Auction, LLC.

February 21 — 150 acres m/l of Dickinson County farmland, Smoky Hill River Bottom held at Abilene for Ruth E. Bernard. Auctioneers: Reynolds Real Estate & Auction

March 2 — Farm machinery, iron, tools & misc. held South of Chapman for Loren Peck. Auctioneers: Kretz Auction Service.

### Entry deadline extended for National Festival of Breads baking contest

bread baking this holiday season, consider entering your original yeast bread recipe in the National Festival of Breads. Entries for the baking contest, which is sponsored by Red Star® Yeast, King Arthur® Flour and the Kansas Wheat Commission, are being accepted through January 22, 2019. The competition seeks the best yeast bread recipes from home bakers and food bloggers throughout the United States. The entry period has been extended to give holiday bakers time to perfect their

recipes into the New Year. "The National Festival of Breads builds upon a rich tradition of grassroots support and is the nation's only amateur yeast bread baking competition," says Cindy Falk, co-chairperson of the event and nutrition educator for the Kansas Wheat Commission. "This contest is a way for amateur bakers to be recognized for their baking

skills and creativity." The 2019 contest will have two divisions: home bakers and food bloggers. Individuals who are avid amateur home bread bakers and do not make the major portion of their income by baking bread may enter the Home Baker Division. Individuals who

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Drive Slow; Chevy Corvette);

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tive food blog and include wheat foods and yeast bread recipes as part of their content may enter the Food Blogger Division. Adult bakers, ages 18 and up, can self-identify their division and submit original recipes online at nationalfestivalofbreads. com. Submissions, which require photos of the entered bread, will only be accepted through the on-

Judges will evaluate all entries and select eight finalists, four from each division, who will receive airfare and accommodations to participate in the national competition on June 8, 2019, in Manhattan. In addition, each finalist will receive a \$500 cash award, participate in a wheat harvest tour to a working Kansas wheat farm and flour mill and learn about wheat research at the Kansas Wheat Innovation Center.

The National Festival of Breads is held every other year and is open to the public. The ballroom at the Manhattan Convention Center is transformed into eight color-coordinated kitchens, one for each of the finalists. Festival-goers get to watch as each finalist bakes his or her bread throughout the day.

**SATURDAY, JANUARY 12, 2019 — 10:00 AM** 

Auction will be held in Kenwood Hall at the Saline Co. Fairgrounds in SALINA, KS

chains; Toys inc: assortment

Tootsie cars & Auburn cars;

Hot Wheels; Fisher Price toys;

Erector set; electric train set; toy horse; "Pat-Luk" tin toy;

paper dolls; Barbie; dancing

baby; chalk dolls; chalk carni-

val pieces inc: Shirley Temple;

Galesville 1911 doll: bisque girl

figurines; Happy Meal pictures;

1941 Tenhulzen & Sons Hatch-

eries silhouette picture; Hal-

loween electric lamp; Sessions

mantel clocks: Glass: carnival

glass (Luster bowl, rose plate,

The main stage features baking demonstrations by cookbook authors and trucks, live music and

At the end of the Festival. two Grand Prize Winners will be awarded, one from each division. These Grand Prize winners will receive a trip to attend a baking class of their choice at the King Arthur® Flour Baking Education Center in Norwich, Vermont or Skagit Valley, Washington State, and a one-year supply of Red Star® Yeast. Complete rules are available at nationalfestivalofbreads.com.

Red Star® Yeast was

on their website, redstarveast.com.

King Arthur® Flour is America's oldest flour company and premier baking resource, offering ingredients, mixes, tools, recipes, educational opportunities, and inspiration to bakers worldwide. For more information, visit kingarthurflour.com.

The Kansas Wheat Commission is a farmer-funded and governed advocacy organization working to secure the future of Kansas wheat globally and domestically through research, promotion, marketing and education. Kansas wheat farmers support the Kansas Wheat Commission with a voluntary two cent assessment on each bushel of wheat produced in Kansas. For more information. log onto kansaswheat.org.

Additional information is available at nationalfestivalofbreads.com.

March 5 — 31st Annual Lyons Ranch sale held at the ranch (Manhattan) for Lyons Ranch.

March 7 — Hereford bull sale held at Courtland for Jensen Bros.

March 14 — 18th Annual Sale held at the ranch in Manhattan for BJ Angus

March 15 — 23rd Annual Production Sale at Maple Hill for Sunflower Genetics.

March 16, 2019 — (Rescheduled from Dec. 1) – Real Estate & personal property at Maple Hill for Dan & Judy Burdach. Auctioneers: Murray Auction

### **Winter Water Technology** Expo scheduled in **Dodge City January 8**

Grass & Grain, January 1, 2019

Farmers and ranchers in southwest and south central Kansas who are eager to learn more about improving water management through technology, soil moisture monitoring, crop selection and other tools are invited to attend the Winter Water Technology Expo on January 8 in Dodge City. The Expo will be at the Boot Hill Conference Center at 4100 W Comanche Street in Dodge City from 4 to 8 p.m., and will feature a wide variety of companies and organizations focused on water technology issues and opportunities.

Attendees will be eligible for many great door prizes, including soil moisture probes, 2019 crop season consultation and the grand prize of five circles of corn with growers' option for silage or grain corn seed from Sterling Seed. Heavy hors d'oeuvres and Boot Hill Distillery beverages will be provided throughout the evening. The Winter Water Technology Expo is free and open to the public, but participants are encouraged to RSVP at https://wwtexpo. wixsite.com/2019 to assist in having adequate refresh-

The Winter Water Technology Expo is brought to you by local volunteers with a strong interest in the area's water resources, with help from the Kansas Water Office, K-State Research and Extension, Kansas Department of Agriculture's Division of Water Resources and several generous sponsors. For more information, go to https://www.kwo.ks.gov/projects/ water-technology-farms or email: Alexandra.Geisler@kwo.ks.gov.

### LAND AUCTION

WEDNESDAY, JANUARY 9, 2019 • 10:00 AM Auction Location: American Legion, 708 N. Locust FRANKFORT, KANSAS

East ½ 3-5-9, 312 acres +/- Marshall County, KS 312 Taxable Acres.

LAND LOCATION — From Frankfort: 4 miles South on Hwy. 99 to Zenith Rd. then 1/2 mile East, property is on the North side of Zenith Rd.

Opportunity to buy a good stock farm with the possibility of more crop acres. CROP, GRAZING & HUNTING OPPORTUNITIES! **SELLER: KENNEDY TRUST** 

Auction by: Joe Horigan Realty & Auction Company Joe Horigan, Auctioneer • 785-250-5148 www.jhorigan.com

### LAND AUCTION

568 acres +/- of grassland Pottawatomie County, Kansas

Thursday, January 10th at 7:00 pm Senior Center, 109 S. Front St, Randolph, KS

568 acres +/-, 3 tracts by multi-parcel Grassland, rolling terrain, timber, wildlife habitat, ponds & creek

TRACT 1—33 acres+/-: The West Half of the Southeast Quarter of Section 19, Township 7 South, Range 7 East, Pottawatomie County, Kansas lying East of the Centerline of Wyandot Road.

TRACT 2 – 212 acrest/-: The West Half of the Southeast Quarter of Section 19, Township 7 South, Range 7 East, lying West of the Centerline of Wyandot Road and the West Half of Section 19, Township 7 South, Range 7 East, Pottawatomic County, Kansas lying South of the South right of way line of K-16 Highway.

Tract 3: 323 acres+/-: The West Half of Section 19, Township 7 South, Range 7 East of the Sixth Principal Meridian, Pottawatomie County, Kansas lying North of the North right of way line of K-16 Highway less a 24.9 acre tract (brief legal) and NW1/4 and the E1/2 SW1/4 Section 18, Township 7 South, Range 7 East, Pottawatomie County, KS and part of Section

DIRECTIONS: From Olsburg, travel approximately 3.25 miles west on Highway 16 to Tract I at the southeast corner of Wyandot Rd., Tract 2 on the south side of Highway 16 and Tract 3 approximately 3.5 miles west on the north side of Highway 16.



Lori Rogge • Broker & Auctioneer 785.556.7162 • lori@genefrancis.com

child's cups; elk candy dish;

see www.genefrancis.com for full auction flyer

## SUNDAY, JANUARY 13, 2019 -

Auction will be held in Kenwood Hall at the Saline Co. Fairgrounds in SALINA, KS oval; 5 gal Redwing ribcage corn pitcher, S & D; porcelain

salt glaze jug; 25 gal RW; 2 & 8 gal birch leaf; 6 gal Ruck-

les; coffee crock; cereal crock;

butter crocks; mini advertising

jugs; crock bowls); store cast

iron buggy whip holder display;

cast iron store tool holder; Bar-

ber shop lamp; swirl top candy

jar; 1917 Blackwell-Wielandy

catalogue; 3 ornate slag glass

lamps: bridge lamps: Signs inc: ( Brown's shoe; porcelain Con-

cordia Creamery Co; Ford dou-

ble side Genuine Parts; porce-

lain Mobilgas Pegasus shield;

Hams Beer; Coca Cola; Hires

Root Beer; Royal Crown menu;

porcelain double side Beauty

Parlor; Curlle Clothes Pants;

**FURNITURE** Oak collar showcase; Pepsin

gum curved glass showcase; curved glass tower showcase: small candy showcase; oak cuff link showcase; oak hall seat w/ mirror; oak fireplace mantel w/ beveled mirror; oak ice box; clawfoot oak library table; Mission oak library table; Mission oak rocker; oak parlor table w/ball & claw feet; salesman sample parlor table; 2 oak 4 stack bookcases: ornate carved batwing chair; oak drop front desk; oak serpentine washstand; ornate cast iron bed; oak high back bed; 26 drawer oak cabinet: butcher block: 8' maple butcher block table; oak book shelf; 2 door pine cupboard; walnut jelly cupboard; oak Victorian fretwork; 3 boxes house fret work; oak pattern back rocker; oak pattern back high chair; porcelain top ice cream table & 4 chairs; 2 oak file cabinets; 3 parlor tables; pine bookcase; oak sewing machine; child's camel back trunk; trunks; large oak mirror; **COLLECTIBLES** 

Atwater Kent radio Original patent applied automatic drop corn planter w/

papers (Pat. No. 600019) Crocks inc: (advertising rolling pin; 5 gal Redwing water cooler; 20 gal 4 birch leafs w/ski Dandro Solvent; Star Brand Shoes; Master Barbers of America; Vigorator Hair Tonic; Red Rose Coffee: Dressmaking): 2 Pepsi thermometers: Curlee Clothes thermometer; Rainbo Bread Door push nos; several stain glass windows; Firestone boat motor; several colored Aladdin lamps; wooden rocking horse; bicycle w/ wooden wheels; handmade guitar; large hooked rug; 1-Ford promo cars; 400 Farmall pedal tractor; farm toys; early child's games; Polar Cub fan; bookends (Florentina, Indian Chief. Pheasant. End of Trail. Lion, brass BPOE, Elk); 1800's

Nippon hair receiver; 8 place set Currier Ives china; 50 piece amber depression glass; large collection quality advertising tins; advertising tip trays; cop-per candy kettle; straight razors; woven sweet grass Indian basket; cast iron banks; cast iron door stops (dog, Bradley & Hubbard parrot); celluloid dresser box; Victorian child's shoes; RS Prussia hat pin holder; Victorian hat pins; cast iron parrot tray; mesh purses; perfume bottles; jewelry caskets; mini hand mirrors; ink wells; hotel desk bells; tobacco jars; Victorian lady pictures; ornate picture frames; brass parrot nut cracker; set sterling flatware; sterling hair curler; Corona typewriter; 45 & LP records; watch fobs; Mossberg tri pod; Elmore dairy crate; Coral TV lamp; wooden butter churns; wagon hubs; horse hames; wood block & tackle; milk cans; wooden skis; wooden clothes dryer; cast iron shoe cobblers caddy; bongo drum; DeLaval wrench; children's story books; advertising tape measures; cast iron Griffin candle sticks; advertising letter openers; collection pocket knives; older baseball cards; assortment of other collectibles.

spaghetti roller cutter; Shawnee This is 2 individual collections. The patent corn planter is very rare. There are many very quality pieces of furniture and collectibles.

Check our website for pictures at www.thummelauction.com. Auction Conducted By: THUMMEL REAL ESTATE & AUCTION LLC

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& Auctioneers. January 10 — Special for Beatrice 77 Livestock. January 12 - Coins

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Estate & Auction, LLC.

Estate & Auction, LLC.

January 19 - Real Es-

Blair American Home. January 19 - Neon

January 26 — Vintage

January 26 — Advertis-

baking experts. The National Festival of Breads is a fun, educational day for the whole family. It also includes a children's area, bread samples, food

The National Festival of Breads<sup>TM</sup> is sponsored by two of the most trusted brands in baking, Red Star® Yeast and King Arthur® Flour.

founded in 1882 and over the years has developed a complete line of veast products including PLAT-INUM Superior Baking Yeast, Active Dry Yeast, Quick Rise Yeast and Cake Yeast. Red Star® Yeast also has many tips and tricks of the trade and the science behind yeast

5 gal, Imperial 2 gal, Coop green carnival purple shell 2 gal); Budweiser pool table dish, blue Windmill oval plate); lamp; Budweiser mugs; Kiwi Roseville IFH-6 & 23-10; 25 boot polish display; Winchester pc Royal Copley; sword fish TV décor; Smith black glass (clock, poster, thermomevase; pattern glass pieces; Lefton vase; West German ter); Coca Cola poster; Fitzer wine rack; 20 lunch boxes; 20 thermos; Aladdin box w/lamp dish; fire engine candy conshades: Red Neck flag; key-

10 string holders; hat pins; hair combs; dresser boxes; dresser sets; 2 Victorian photo albums; Christmas decorations; flue covers: 20 silhouette pictures: child yard long picture; Madonna & Child picture; Bob Dole picture; postcard albums; beer cans; Busch tray; Legal Action picture w/Marilyn Monroe & Elvis; Better Little Books Little Orphan Annie & Mandrake The Magician; Beetle books; assortment good paper advertising; Montgomery Ward, Penney's, Sears catalogues; Webster dictionary; sausage stuffer; large assortment of other good collectibles, many early 60's

perfume set; Czeck basket;

Shawnee corn salt & pepper;

cake stands; assortment other

glass: 10 carved face masks:

tainer; Gaylord Ks Dryden hat; Note: This is a large auction. Bob has collected for many years. Check our web site for pictures at www.thummelauction.com. BOB THORUP

Auction Conducted By: THUMMEL REAL ESTATE & AUCTION LLC

Page 12 Grass & Grain, January 1, 2019

ON THE EDGE OF COMMON SENSE

### It's Never Easy To:

It's never easy to:

- 1. Trim the hind feet of short horse
- 2. Change a split rim 3. Patch an aluminum

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- 4. Get the cockleburs out of your dog's coat
- 5. Buy your spouse somethin' they'd really like for Christmas 6. Get the lawn mower
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8. Comfort a sick child 9. Start a cantankerous

7. Round up a loose cow

- 10. Diagnose a horse
  - 11. Treat mastitis
- 12. Find the calf with the bloody stool
- 13. Start a Ford pickup in the winter
  - 14. Pack out an elk
- 15. Rope five in a row 16. Find a parking space at the National FFA Con-
- vention in Indianapolis 17. Find a friend twice
- at the National Finals
- 18. Find the right open

Rodeo in Las Vegas

horse from jiggin'

- end wrench for anything 19. Stop a hot-blooded
- 20. Go to sleep when you gotta get up early
- 21. Sharpen a Buck knife
- 22. Ride in a strange saddle 23. Back up to a bumper
- hitch stock trailer
- 24. Take down old fence wire
- 25. Remember everybody's name

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### Planted wheat acres in state may be

lowest in century (AP) - Low prices and a surplus of wheat have moved farmers away from the Kansas staple for the past two

Now the wet weather that has kept growers out of their fields planting time this fall could further push the state's

winter wheat acres toward the lowest point in a century. The Hutchinson News reported acres planted to wheat in 2017 and 2018 neared 100-year lows. Last year's 7.7 million wheat acres hit the lowest point in 60 years.

Winter wheat is planted in the fall in Kansas. The wet weather that delayed wheat planting also slowed down fall harvest of other crops.

Some farmers who planned to plant wheat following grain sorghum or soybeans didn't have time to plant once harvest was over. Many were harvesting late into

### Departing Kansas House leader to head rural issues committee - A Republican

leader in the Kansas House who was ousted from his position will serve as chairman of new Rural Revitalization Committee. Departing Majority

Leader Don Hineman's new assignment for 2019 and 2020 will have him leading a committee that will examine challenges facing rural areas that include declining populations and limited access to broadband service. He was appointed by House Speaker Ron Ryckman Jr.,

a fellow Republican from Olathe who grew up in southwest Kansas.

Hineman is a farmer and rancher from Dighton. He is a GOP moderate and was re-elected to the House this year but was voted out as majority leader earlier this month after the Republican majority became more conservative.

Ryckman said he created the committee to make sure rural communities "get a fair shake."

# Farmers & Ranchers

### **AUCTIONS EVERY MONDAY & THURSDAY**

**Selling Hogs & Cattle every Monday** 

**Our FIRST SALE OF 2019 will be** Thursday, January 3rd!

### **EARLY CONSIGNMENTS FOR THURSDAY, JANUARY 3:**

65 steers and heifers long time weaned fall vacc bunk broke 750-800; 220 black steers and heifers 2rnd vacc weaned 650-750; 25 black steers weaned 60 days home raised 2rnd vacc no implant 700; 55 steers and heifers home raised fall vacc weaned 50 days 600-750; 24 heifers 700; 60 steers 800; 40 steers long time weaned home raised vacc 650-750; 60 hefiers long time weaned home raised off wheat vacc 650-750; 90 black/ CharX steers and heifers weaned 75 days home raised vacc 500-700; 40 steers and heifers weaned Oct vacc 600-700; 102 black steers no sort 850; 150 steers and heifers home raised long time weaned vacc 600-700; 15 steers and heifers home raised long time weaned vacc 500-700; 20 steers and heifers weaned 60 days 2rnd vacc 600-700; 69 mostly black heifers 2rnd vacc open 775; 61 steers 875-900; 40 black steers and heifers weaned 90 days 2rnd vacc 500-600; 90 black steers long time weaned 2rnd vacc 500-650; 325 black steers and heifers Cow Camp and Harms sired 725-925; 30 steers home raised weaned vacc 650-800; 12 black steers and heifers bunk broke weaned Nov 600-700; 15 black steers home raised long time weaned vacc 850-925.

### **EARLY CONSIGNMENTS FOR TUESDAY, JANUARY 8, WEANED/VACC SALE:** 12 red steers 700; 16 steers bunk broke home raised 550-650; 10 steers

and heifers 2rnd vacc weaned 120 days 450-600; 12 black steers and heifers weaned Nov vacc bunk broke 600-700; 75 black steers and heifers home raised 2rnd vacc weaned 60+ days 600-700; 40 black steers and heifers weaned Oct McCurry Angus sired 2rnd fall vacc 550-600; 30 black heifers 650-800; 60 black steers and heifers 500-600; 80 black heifers long time weaned 650; 35 black/BWF steers and heifers 700-900; 183 black steers home raised off wheat 3rnd vacc 650-750; 50 steers and heifers home raised 650-800; 75 Sim/AngusX steers and heifers open 600-800; 120 black Sim/Angus steers and heifers cattle trace tags 600-700; 50 black steers and heifers weaned Sept 600-750; 45 black steers and heifers long time weaned 2rnd fall vacc 600-750; 105 steers and heifers 500-650; 34 steers and heifers 500-700; 100 black Sim/Angus steers and heifers home raised 750-900; 44 mostly black steers and heifers weaned 60 days fall vacc 600-700; 78 black steers and heifers weaned Oct 25th Johnson Angus sired 575-700; 70 Red Angus steers and heifers 800-900; 65 steers and heifers long time weaned fall vacc bunk broke 750-800; 41 steers and heifers 2rnd vacc weaned 90 days 650; 160 black steers 700-800; 140 black heifers 700-800; 210 black steers and heifers 550-750; 240 black steers and heifers 550-650; 135 Black Sim/Angus steers 700-800; 112 steers and heifers 550-700; 200 black/BWF/Red steers and heifers 550-700; 11 steers and heifers 600-750; 32 black steers and heifers 700-800; 115 steers and heifers home raised off cover crop; 75 Angus/Red Angus sired steers and heifers weaned Nov; 105 Angus/Red Angus sired steers and heifers weaned Nov; 155 steers and heifers 600-800; 20 steers and heifers weaned 60 days home raised 600-700; 60 steers and heifers 600-700; 10 black steers and heifers 2rnd fall vacc 120 days weaned 550-650; 20 black steers and heifers home raised 700-750.

### **Livestock Commission Co., Inc.** Salina, KANSAS

SALE BARN PHONE: 785-825-0211 **MONDAY — HOGS & CATTLE** 

Hogs sell at 10:30 a.m. Cattle at 12:00 Noon. Selling calves and yearlings first, followed by Packer cows and bulls.

THURSDAY — CATTLE ONLY

Selling starts at 10:00 a.m. Consign your cattle as early as possible so we can get them highly advertised.

**AUCTIONEERS: KYLE ELWOOD, ANDREW SYLVESTER & GARREN WALROD** 

For a complete list of cattle for all sales check out our website www.fandrlive.com

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### UPCOMING SPECIAL

**SPECIAL COW SALES** 

- TUESDAY, JANUARY 15 TUESDAY, FEBRUARY 19
- TUESDAY, MARCH 19 TUESDAY, APRIL 16
- TUESDAY, MAY 7
- WEANED/VACCINATED SALES
  - TUESDAY, JANUARY 8
- TUESDAY, FEBRUARY 5 All Special Sales START AT NOON!

### **OTHER SPECIAL SALES:**

- ★ Monday Evening, March 4th: Don Johnson Angus Sale
- ★ Saturday, March 23rd: New Frontier Bucking Bull Sale ★ Saturday, May 18th: Spring Spectacular Horse Sale

### **EARLY CONSIGNMENTS FOR TUESDAY, JANUARY 15,**

BULLS: 1 Registered Angus 3 yr old semen and trich tested. HEIFERS:

100 bred Angus heifers SD origin OCHV'd start Feb 1 for 45 days; 20 bred heifers; 16 black heifers Janssen Ranch origin one iron all vaccs pelvic exam heavy bred to LBW Johnson Angus calve for 30 days; 20 black heifers; 25 mostly black heifers bred to Angus bulls start March/ April; 8 black Angus heifers bred to LBW Angus bulls home raised Feb 15 calvers; 20 black/BWF Sim/Ang heifers bred to BWF bulls start Feb for 60 days or less pelvic exam track scores; 50 black heifers SD origin one iron bred to BWF bulls calve Feb 25th for 60 days pelvic exam track scores; 40 bred heifers sired by Stucky & Molitor home raised out of Angus & Angus main cows heifers to start March 1 for 65 days bred to easy calving Molito bulls OCHV'd wire broke. COWS: 50+50 black/BWF cows with Angus & WF sired calves worked and exposed back; 39 Sim/ Ang black coming 2nd calvers 3 yrs old April/May calvers all vacc scour boss bred to black Angus bulls; 80 black/BWF 3 yr olds off 2 ranches Al bred with their 2nd calf Blacks bred to Char and BWF bred to SimX; 12 Angus cows 3 to 5 yrs bred to Balancer start Mar 1; 50 Red Angus 3 to 6 yrs old bred to Red Angus/Simm start Feb 21 for 75 days; 15 bred cows 4 to 7 yrs bred to Wagyu calve May 20 for 60 days; 20 Red Angus5 yr olds one iron Bred to Sim/Ang; 95 black/BWF cows 3 to 8 yrs bred to Davidson Angus bulls start end of Jan; 40 mostly black cows 4 to 8 yrs bred to Benoit Angus bulls Dispersal of Spring herd; 19 black cows 6 to 10 yrs bred to Angus early spring calvers; 32 Angus-Braunvieh X cows 2 to 10 yrs bred to Angus; 37 black cows 4 to 6 yrs mostly 5 yrs bred to Black Angus; 75+75 black pairs 3 to 4 yrs Northern origin all calves Al sired 30 + days old; 60 black cows 3 to 4 yrs Northern origin all Al bred to Angus calve Feb 25th for 30 days or less; 60 black cows 3 to 4 yrs bred to Angus all synchronized Calve Mar 15 for 30 days or less; 10 red Angus 5 to 7 yrs bred to Janssen Red Angus start Feb for 60 days; 26 black/BWF/

### **IN STOCK TODAY:**

- Heavy Duty Round Bale Feeders
- 6'8" x 24' GOOSENECK STOCK TRAILER METAL TOP
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For Information or estimates, contact:

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Red coming 2nd calvers all raised a calf Feb 20th home raised 3 yrs.



Check our listings each week on our website at www.fandrlive.com



Kenny Briscoe Kevin Henke

Ellsworth, KS Roxbury, KS Durham, KS Ellsworth, KS Cattle Sale Broadcast Live on www.cattleusa.com 1150 KSAL, Salina 6:45 AM -MON.FRI \* 880 KRVN 8:40 AM - WED.-THURS. \*550AM KFRM - 8:00 am, Wed.-Thurs.